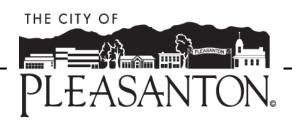
Affordable Housing Opportunities







RE: Information on Senior Housing and Services in Pleasanton

This resource packet is intended to provide information to persons seeking housing opportunities and services for senior citizens in Pleasanton. The following items are included in the packet:

- 1) Housing Opportunities for Senior Citizens in the City of Pleasanton
- 2) Summaries for Individual Senior Housing Complexes
- 3) Questions for Comparing Senior Housing Options
- 4) Senior Housing Locator Services
- 5) Rental Assistance Programs
- 6) Community Care Facilities Located in the Tri-Valley Area
- 7) Senior Community Resource Guide
- 8) Services at the Pleasanton Senior Center
- 9) Senior Housing Resources in Other Tri-Valley Cities

The first item listed above lists information on six existing rental housing complexes for independent seniors (and one new assisted living facility) in Pleasanton. Rental inquiries should be directed to each individual complex (i.e., by calling the contact numbers listed in the table). Item #2 includes detailed information on existing senior complexes as well as the Parkview, a City-sponsored assisted living facility that opened in 2007 near the Pleasanton Senior Center. The Parkview includes 105 apartments with assisted living services, including 31 units reserved for low income seniors at reduced rents and service costs.

Information on affordable housing opportunities can also be found at the City's Internet web site at www.ci.pleasanton.ca.us/community/housing (click on "Affordable Housing Developments and Programs" at the upper left-hand corner of that page). In addition, the Pleasanton Senior Center (5353 Sunol Boulevard; tel. 925-931-5365) offers a wide array of programs and services for seniors.

Please feel free to contact me at 925-931-5007 if you have any questions concerning the information included in this packet or if you have general questions concerning senior housing in Pleasanton.

Scott Erickson Housing Specialist

Scott Guickson

P.O. Box 520, Pleasanton, CA 94566-0802

123 Main Street

City Manager (925) 931-5002 Fax: 931-5482

City Attorney (925) 931-5015 Fax: 931-5482 **Economic Development** (925) 931-5038 Fax: 931-5476

City Clerk (925) 931-5027 Fax: 931-5488



Housing Opportunities for Senior Citizens in the City of Pleasanton



123 Main St., P.O. Box 520, Pleasanton, CA 94566-0802 Housing Division (tel. 925-931-5007; fax 925-931-5476)

There are presently approximately 600 apartments in Pleasanton that are reserved for rental by low and very low income seniors. These apartments are in seven separate complexes located throughout Pleasanton, as listed in the table below:

	Name of	Year	No. of	Approx.	Approx.	Notes
	Complex	Built	Units	Size	Rents	
1	Kottinger Place	1973	<u>50</u>	700	(30% of	HUD Public Housing; contact site directly for
	240 Kottinger Drive		32-Studios	sq.ft.	resident's	information on availability of applications;
	tel. 925-846-0133		18-1BR		mo. inc.)	waiting list is estimated at several years.
2	Pleasanton Gardens	1969	<u>40</u>	480	\$450	HUD Section 236 housing; waiting list is
	251 Kottinger Drive		20-Studios	to 520	to	currently closed; contact site directly for
	tel. 925-846-3050		20-1BR	sq.ft.	\$597	information on availability of applications; waiting list is estimated at several years.
3	Ridge View Commons	1989	<u>200</u>	660	\$840	Tax credit development; multiple rent levels;
	5200 Case Avenue		180-1BR	to 900	to	contact site directly for application info.;
	tel. 925-484-5131		20-2BR	sq.ft.	\$960	waiting list varies from several months to
						several years depending upon rent level.
4	Gardens at Ironwood	2005	<u>172</u>	650	\$815	Private development; two below-market rent
	3431 Cornerstone Ct.		150-1BR	to 805	to	levels based on City-Owner regulatory
	tel. 888-210-8896		22-2 BR	sq. ft.	\$1,122	agreement (plus 34 market-rate units).
5	Stanley Junction Apts.	1997	<u>86</u>	625	\$880	Private development; three rent levels based
	4031 Stanley Blvd.		86-1BR	sq. ft.	to	on City-Owner regulatory agreement; rental
	tel. 925-462-6180				\$925	list maintained by property manager.
6	Deer Ridge Apts.	1994	<u>20</u>	625	\$850	Private development; two rent levels based on
	443 Division Street		20-1BR	sq. ft.	to	City-Owner regulatory agreement; rental list
	tel. 925-484-3833			-	\$925	maintained by property manager.
7	<u>Parkview</u>	2007	<u>105</u>	418	\$1,041 to	Assisted living facility (housing and services);
	Assisted Living		22-Studios	to 541	\$2,081	non-profit ownership; includes 31 units at
	100 Valley Ave.		57-1BR	sq. ft.	(call office	below-market rates for very low income
	tel. 925-461-3042		7-2BR	_	for market	seniors and 19 "memory care" units for
			19-Mem Care		rates)	persons with dementia disorders.

(see attached map for locations)

The complexes in the table are generally listed in order of affordability. Each has different rent levels and income eligibility requirements that vary according to the method by which the development was originally financed (i.e., federal, state, local, or private funding). Kottinger Place and Ridge View Commons are administered by a management company employed by the City of Pleasanton. The other complexes are privately owned, and rents and income eligibility levels are regulated through federal requirements or City-Owner agreements. Rent levels are subject to periodic change and should be confirmed with the on-site management.

With the exception of #7, all of the complexes listed in the preceding table are for "independent living" and generally do not include services such as meals, housekeeping, or personal care. Because these units are often significantly below local market rents, leasing is highly competitive and eligible applicants must often wait a year or more for an available apartment. Leasing for all of these complexes is handled directly by each property manager. Telephone numbers for the leasing offices are listed in the table shown above.

Other Affordable Rental Opportunities (Non-Age-Restricted)

The City has encouraged the construction of affordable rental housing by allowing special consideration for projects which provide units at below-market rent levels. Four of the largest apartment complexes in Pleasanton include some units in which rents are slightly lower than market rents due to a regulatory agreement between the City and the apartment owner. Information on these below-market rent apartments (which are not age-restricted) may be obtained by contacting the City's Housing Division at 925-931-5007.

The Housing Authority of the County of Alameda (HACA) can provide information on housing opportunities involving federal and/or state assistance (such as Section 8 rental assistance) in Pleasanton and elsewhere in Alameda County. The HACA office is located at 22941 Atherton Street, Hayward, CA 94541-6633 (510-538-8876; www.haca.net).

Senior Care Facilities

For seniors who need assistance with activities of daily living, there are several assisted living, skilled nursing facilities and state-certified board and care facilities located in Pleasanton and the surrounding area. The **Senior Support Program of the Tri-Valley** (925-931-5379) can provide information and referrals to local facilities. Information on state-certified board and care facilities can be obtained from the State Community Care Licensing Division (510-286-4201; www.ccld.ca.gov). Larger facilities that are located in Pleasanton are listed below:

Eden Villa	4115 Mohr Ave.	925-461-8409	Assisted Living
The Parkview	100 Valley Ave.	925-461-3042	Assisted Living / Memory Care
Pleasanton Nursing and Rehabilitation Center	300 Neal St.	925-462-2400	Skilled Nursing (24-hour care)
Sunol Creek Memory Care	5980 Sunol Blvd.	925-846-8283	Memory Care

The Parkview (#7 in the preceding table), includes 31 units reserved for very low income seniors at reduced rents and service costs. Leasing information can be obtained by calling the office.

Ownership Housing for Seniors

At the present time, there are two mobile home parks in Pleasanton in which residency is limited to adults aged 55 and older and where residents generally own their own mobile or modular homes. These parks are Vineyard Mobile Villas (3263 Vineyard Avenue; 925-846-5336) and Hacienda Mobile Home Park (3231 Vineyard Avenue; 925-846-1527). In addition, there are two new communities that include ownership housing for seniors:

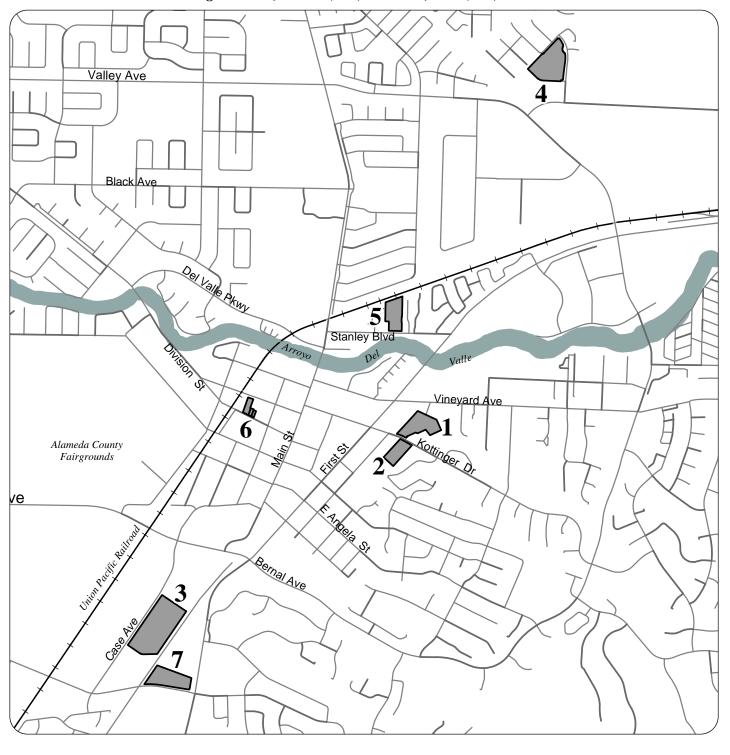
Stoneridge Creek (east Stoneridge Dr.); 800-849-0023; <u>www.stoneridgecreek.com</u> The Village at Ironwood (Ironwood Dr.); 925-460-8900; <u>www.ponderosahomes.com/village</u>

Information on housing opportunities in these areas may be obtained by calling each development directly.





123 Main St., P.O.Box 520 Pleasanton, CA 94566-0802 Housing Division, Phone (925)931-5007; Fax (925)931-5482

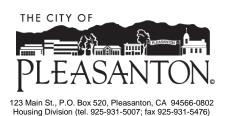




Rental Housing Opportunities in Pleasanton for Seniors

1 inch equals 1,500 feet

Summaries for Individual Senior Housing Complexes



KOTTINGER PLACE

240 Kottinger Drive Pleasanton, CA 94566 tel. 925-846-0133

Kottinger Place is a 50-unit rental housing complex primarily for very-low-income seniors aged 62 and older. The complex is a U.S. Department of Housing and Urban Development (HUD) Public Housing development and is sponsored by the Pleasanton Housing Authority.

The complex, located at 240 Kottinger Drive in Pleasanton, was built in the early 1970's. The project includes 50 one-story, attached cottages located on a three-acre site. The property is pleasantly landscaped with many mature trees and is immediately adjacent to Kottinger Park, a City park facility. At the center of the site lies the community building complex which houses the office, community room, kitchen, laundry room, and other common facilities. The complex features 32 studio apartments, 16 one-bedroom units, and 2 two-bedroom units. The average unit size is approximately 700 square feet.

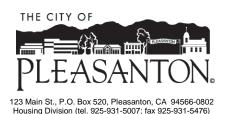
Kottinger Place residents currently range in age from 62 to the mid-90's, and the average age is approximately 80. Roughly 80 percent of the residents are female. Two apartments are occupied by the resident manager and on-site maintenance person. The Housing Authority contracts with Barcelon Associates to provide property management services at Kottinger Place.

In order to be eligible to reside at Kottinger Place, residents' income cannot exceed the "very low income" limits set by HUD (i.e., 50% or less of the Area Median Income). Rent levels are based generally on 30% of the individual resident's monthly income pursuant to HUD Public Housing guidelines. Because of Kottinger Place's favorable rents in an environment of high local housing costs, there is always a high level of interest among prospective renters. The waiting list is currently estimated to be several years long. The list is generally updated annually and new applications are accepted when the list is open (contact the site directly for information on the availability of applications). Priority is given to Pleasanton residents.

With its limited rental income, Kottinger Place operates on a limited budget. In order to keep the complex attractive and in good repair, the City of Pleasanton has provided assistance over the years through allocations of City Lower Income Housing Funds and federal Community Development Block Grant (CDBG) funds. These funds have been used to implement various rehabilitation projects, including roof replacement, painting, and other interior and exterior improvements. The complex recently began receiving federal Capital Grant funds from HUD to implement various physical improvements to the complex.

Further information on Kottinger Place may be obtained by calling the office at 925-846-0133.





STANLEY JUNCTION APARTMENTS

4031 Stanley Blvd. Pleasanton, CA 94566 tel. 925-462-6180

Stanley Junction Senior Apartments, a 86-unit apartment complex for seniors aged 62 and older, was completed and occupied in 1997. This rental development, located at 4031 Stanley Boulevard in Pleasanton, was built by a private developer, Red Bear, Inc.

The 86 apartments are all one-bedroom units with a size of approximately 625 square feet. Forty-eight of the apartments are first-floor units, while the remaining apartments are second-floor units that are accessible by elevator. Pets are allowed subject to the pet guidelines for the complex. Four laundry rooms are conveniently located throughout the complex.

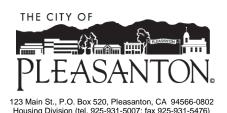
The Stanley Junction Senior Apartments are offered at a range of below-market rents (currently in the range of approximately \$800 to \$1000) that are made possible through an agreement between the owner/developer and the City of Pleasanton. [Comparatively, the average market rent for a typical one-bedroom apartment is approximately \$1,100 to \$1,300, based on a recent survey of apartments in Pleasanton.] Rents for the apartments are established at three basic levels according to the household income of the resident(s):

Rent Level (Percent of		Number of	Maximum Income * (Household Size)		Maximum Monthly
Median	Income)	Apartments	One Person	Two Persons	Rent *
1)	80%	43	\$50,550	\$57,800	\$1,445
2)	60%	35	\$37,950	\$43,350	\$1,084
3)	50%	8	\$31,600	\$36,100	\$903

^{*} Income and rent limits are effective May 2010. According to the City-Developer agreement, rents may be increased once each year at the same rate as the annual increase in the median income level for the Alameda-Contra Costa county area. Please contact the leasing office directly to confirm current rent levels.

Information on leasing and current rent levels may be obtained by contacting the leasing office at 925-462-6180, or by calling Deer Ridge Property Management at 925-484-3833.





RIDGE VIEW COMMONS

5200 Case Avenue Pleasanton, CA 94566 tel. 925-484-5131

Ridge View Commons is a 200-unit rental housing complex for "independent living," low- and very-low-income seniors aged 62 and older. The project was jointly developed by Eden Housing and the City of Pleasanton and is owned by a nonprofit corporation. Financing to construct the development came from state Low Income Housing Tax Credits, a federal HODAG grant, and City contributions of land, fee waivers, and related financial assistance.

The 200-unit complex, located at 5200 Case Avenue in Pleasanton, was completed and occupied in 1989. The project includes 160 apartments in two centrally-located three-story buildings which are served by elevators. Surrounding the two apartment buildings are 40 one-story attached cottages located in four separate clusters. There are a total of 180 one-bedroom units and 20 two-bedroom units in the complex. Units range in size from approximately 660 sq. ft. to 900 sq. ft.

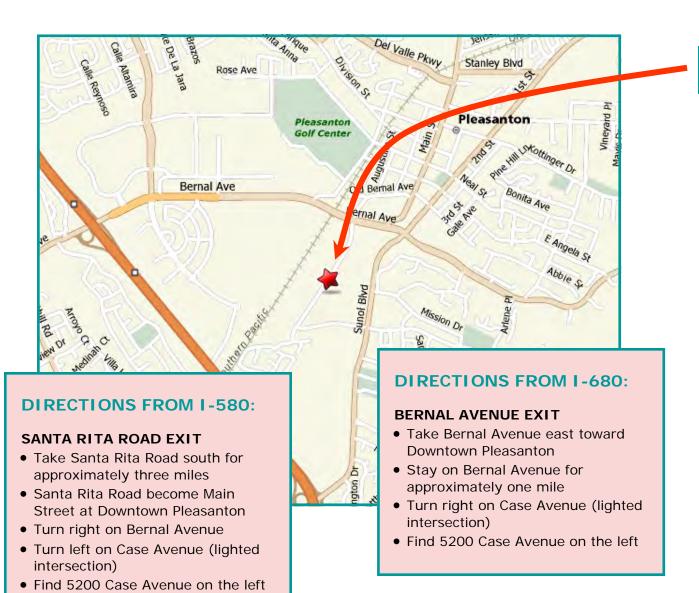
The property is pleasantly landscaped with many large trees and is located immediately adjacent to the Pleasanton Senior Center (the center for a variety of City-sponsored programs and activities for seniors) and Centennial Park, a public park facility. At the center of the complex lies the community building complex which houses the office, kitchen, dining room, beauty salon, community rooms, and other common facilities. The City contracts with Barcelon Associates to provide property management services at Ridge View Commons. An optional reduced cost meal is currently available every weekday evening in the Ridge View Commons dining room.

There are four different rent levels at Ridge View Commons. Rents are targeted at levels considered affordable to seniors at 25%, 33%, 50%, and 60% of the Area Median Income (AMI). Currently, rents range from \$321 to \$840 for one-bedroom apartments and from \$364 to \$960 for two-bedroom apartments. Most opportunities for new residents are at the highest rent level. The maximum annual income for these units is approximately \$37,950 for one person and \$43,350 for two persons, and residents must also have a sufficient minimum income in order to be able to pay rent. Rent and income limits are adjusted annually by the California Housing Finance Agency (CalHFA) based on updated information on the AMI.

Because of Ridge View Commons' favorable rents in an environment of high local housing costs, there is always a high level of interest among prospective renters. The waiting list may vary from several months to several years depending upon the rent level. Information on the availability of applications may be obtained directly from the on-site leasing office. Priority is given to Pleasanton residents, and current Ridge View Commons residents have priority for rents in the lowest categories.

Further information on Ridge View Commons may be obtained by calling the rental office directly at 925-484-5131.





Professionally managed by Barcelon Associates
Management Corporation

Ridge View Commons

5200 Case Avenue Pleasanton, CA 94566

Telephone: 925-484-5131 Fax: 925-484-9659 Email: ridgeview@sbcglobal.net

Ridge View Commons



Located adjacent to the Pleasanton Senior Center and a short walk to Downtown Pleasanton





An Affordable Senior Community...

Ridge View Commons has 180 onebedroom and 20 two-bedroom units, each with a single bathroom and a fully-equipped electric kitchen.



RIDGE VIEW COMMONS
TYPICAL GROUND & UPPER FLOORS
ONE BEDROOM—666 SQUARE FEET

The campus consists of two main residential buildings (two- and three-stories with elevators), four single-story "cottage" clusters and a Community Building with dining/recreation room, coffee/activity room, library, offices and a conference room that can be reserved for resident parties and gatherings.

Each of the main residential buildings has a laundry room that is fully equipped with coin-operation washers and dryers. There is assigned resident parking and designated visitor parking.

Great Location



Ridge View Commons is located adjacent to the Pleasanton Senior Center and a short walk from the Oak Hills Shopping Center, which features a Raley's supermarket, restaurants and various shops. The City Library, banks and Downtown Pleasanton are also just a short walk away.

The bus stop in front of the campus connects with Bay Area Rapid Transit (BART) and other Tri-Valley locations. The Altamont Commuter Express (ACE) train station is also within walking distance.

How to Apply

All residents in a household must be a minimum of 62 years of age and have the legal right to live in this country. Proof of age and legal residency must be presented at time of application.

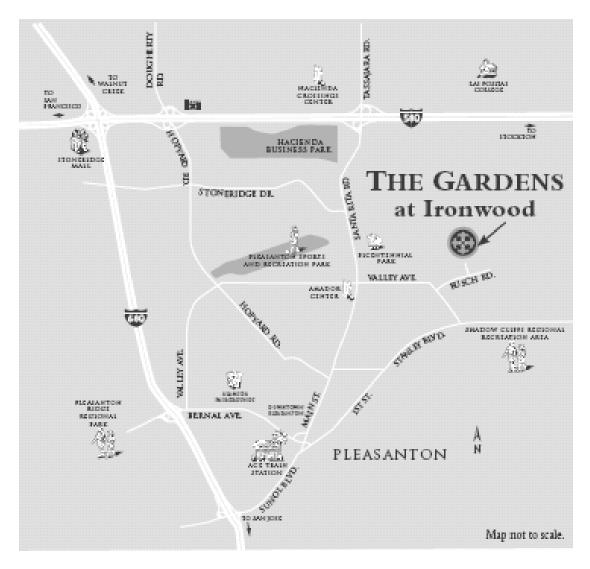
Annual income cannot exceed 60% of the Area Median Income (adjusted annually). Contact the Ridge View Commons office at 925-484-5131 for current rent levels and income limits.





LOCATION

The Gardens at Ironwood is located in Pleasanton. It is close to historic Main Street which hosts many charming shops and cafes. Ironwood is also very near shopping and entertainment provided by Stoneridge Mall, The Crossings at Hacienda, and Amador Center just to name a few.



The Gardens Leasing Office 3431 Cornerstone Court Pleasanton, CA 94566 (888) 210-8896 • (925) 600-0295 Fax www.ponderosahomes.com

FEATURES

Welcome to The Gardens at Ironwood, a collection of full-featured apartment homes designed especially for senior living. These comfortable one- and two-bedroom residences offer inviting living areas, wonderful kitchens and private balcony or patio areas (per plan). Our professional on-site management makes service a priority.

THE GARDENS COMMUNITY OVERVIEW

- · Affordable apartment homes for those 62 and over
- · Professional and friendly on-site management
- 24-hour emergency maintenance
- Located within Ironwood, Pleasanton's newest master-planned community
- Privileges at Ironwood pool
- Access to the Iron Horse Trail
- Close to transportation centers
- Shuttle service

AMENITIES

- Spacious one and two-bedroom senior apartment homes
- Convenient laundry room facility in each building
- · Refrigerator, microwave, range and dishwasher
- · Cable ready
- Window coverings
- · Central heating and air conditioning
- · Patio or balcony (per plan)
- Elevator access
- Small pets welcome



Ponderosa Homes reserves the right at its sole discretion to make changes or modifications to rental prices, floor plans, features, specifications, policies, guidelines, dates, literature, maps, material and plans without notice or obligation. Special wall and window treatment, custom paint colors, upgraded floor coverings, patio treatment, and many other items featured in and around the model homes are decorator suggested and are not included. All renderings, floor plans and maps are artists' conceptions and are not intended to be actual depictions of the buildings, and are not to scale. All square footages and dimensions are approximate. Homes and product types are subject to availability. R.1104

THE SUMMER GARDEN

One Bedroom, One Bath, Approx. 650 Square Feet



Rent \$____ Deposit \$____ Income restrictions may apply.

THE WINTER GARDEN

Two Bedrooms, One Bath, Approx. 805 Square Feet



Rent \$____ Deposit \$____ Income restrictions may apply.





Castro Valley

*

Pleasanton

*

San Francisco

Home

Eden Villa Pleasanton

Questions and Answers Employment Opportunities

"We cannot thank the staff enough for all their wonderful care throughout the years." -Yvonne W.

Eden Villa Pleasanton is located adjacent to Historic downtown which offers a wide variety of restaurants and shopping, and is conveniently located near Pleasanton's main hospital and medical offices. Vaulted ceilings, a private dining room and beautiful library are but a few amenities adding to Eden Villa Pleasanton's regal and sophisticated style, while a large central patio and recreation room remind us of the comforts of home...

Basic Services Include:

- Observation of the resident's health, including notification to the family and physician when there are changes in health status
- · Bedside care for minor temporary illness
- · Assistance with bathing, grooming, incontinence care, and personal needs
- Medication monitoring for all medications
- · Three nutritious meals and two snacks daily
- Escort to meals
- Personal laundry, fresh linens
- · Daily housekeeping
- · We arrange transportation for those who are without resources
- · Activities and outings, which are diversified, age, and interest related
- Cable TV
- Incontinence supplies
- 24-hour emergency call system

Optional Services

Licensed professionals provide these optional services, which are not included in the monthly rent.

- · Beauty/Barber Salon
- Podiatry
- · Private telephone
- · Mobile Dental



"I'll never forget what you did for my mother and for being there for me too. You did a lot of hand-holding when I needed it."

-Jane

Rooms and Rates

All rates are subject to change and are based on individual assessment. Our rooms are furnished; however, we accommodate those who wish to bring their own furnishings.

Private rooms have a private bathroom

Shared rooms are "shared by two people" who share a bathroom

- Private Room \$3,950 \$5,500
- Shared Room \$2,850
- Respite: \$150.00 per day
- Couple: \$5,000.00

Eden Villa Pleasanton is located at 4115 Mohr Avenue, Pleasanton, CA 94566 Facility License #015601206

For information and tours, please contact us directly.

What Can Residents Bring With Them to Eden Villa?

- Our rooms are furnished with a bed, chest of drawers, an end table, and a lamp; however, residents may furnish their own rooms if desired.
- We strongly advise against bringing family heirlooms, jewelry, or items that are irreplaceable.
- Clothing should be limited to washable clothing only. The proper amount is one week's worth
 of outfits for daytime and bedtime. All clothing should be labeled with an industrial strength
 permanent marker or sewn-in labels. Residents are required to complete an inventory log of
 their personal property upon moving in.

What Medical Conditions are Prohibited?

 We are a social model, not a medical model. We will do our best to accommodate certain medical conditions that are in compliance, and exceptions will be made as stipulated by the Department of Social Services regulations.

Can Loved Ones Age In Place?

We are certified for 6 hospice beds, which mean that most residents are able to age in place.

Does Eden Villa Provide Temporary Stays?

 Yes, we provide respite stays, so you can take advantage of that much-needed opportunity to get a break! There is no minimum stay; the maximum limit is a one month stay for respite. All paperwork is to be completed prior to the respite stay.

When does Eden Villa Require Payment, and How Are Payments Made?

- Rent is due and payable on the first of every month.
- Mid-month move-ins are prorated.
- Payments are made by personal check, cashier's check, or by a money order.
- We do not accept cash or credit cards.
- · A security deposit is required if you would like to hold a room.

What Kind of People Live At Eden Villa?

 Residents must be over the age of 60. The average age of our residents, and for most residential facilities for the elderly, is 80 years old. Our residents are no longer able to live independently due to mental and/or physical decline.

I Would Like to Move My Family Member In. What Is the Next Step?

- The first step is to come by for a tour.
- · A physical exam by their primary physician is required, including a TB (tuberculosis) test.
- Eden Villa will provide all necessary forms that need to be completed prior to moving in.

Administrator: Catherine Payne

Phone: (925) 461-8409

E-mail: edenvilla@sbcglobal.net

Business Manager: Douglas Payne

Phone: 925-462-5340

E-mail: edenvillaoffice@yahoo.com













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The Parkview

925-461-3042

Assisted Living and Memory Care 100 Valley Avenue, Pleasanton, CA 94566 License #015601283

Your personal connection



Welcome home . . . The Parkview brings a fresh approach to assisted living and memory care in the Pleasanton area. Located adjacent to the Pleasant Senior Center and Centennial Park, this community has easy access to all Pleasanton's amenities.

The community has been developed by a partnership of the City of Pleasanton and BRIDGE Housing. This partnership makes 31 of the 105 units available at reduced rates for individuals who meet specific income qualifications. If you are interested in applying for housing at The Parkview, click on the Application forms listed below. print and mail to: The Parkview, 100 Valley Avenue, Pleasanton, CA 94566

- Application for Residency
- The Parkview: Application Checklist
- Physician's Report for Residential Care Facilities for the Elderly (RCFE)

For more information, please call 1-925-461-3042.

CONTACT US

REQUEST BROCHURE

TOUR AND LUNCH / DINNER

REQUEST NEWSLETTER

WELCOME

SUPPORTIVE INDEPENDENCE

- Assisted Living
- **Memory Care**
- Floor Plans

PHOTO GALLERY

MAP



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The Parkview

925-461-3042

Assisted Living and Memory Care 100 Valley Avenue, Pleasanton, CA 94566 License #015601283

Supportive Independence . . . Supportive independence is the Eskaton philosophy and practice of offering individual residents the services and levels of care needed to remain as independent as possible.

Enjoy private apartment living with all that Pleasanton has to offer – including stunning views of the surrounding hills and the convenience of the adjacent Centennial Park and Senior Center. Relax with the peace-of-mind that comes with the knowledge that staff is available around-the-clock to assist as needed. Explore the freedom from the time and expense of home maintenance as The Parkview takes care of all the details. Engage in opportunities to learn, to grow, to create and gain self-confidence. Discover the perfect blend...the independence you want with the assistance you need.

Independence is all about choice. In how you grow your mind...In how you relax your body...In how you nurture your spirit. The Parkview is all about choice. Because you're old enough to do whatever you choose.

The Parkview features studio, one- and two-bedroom apartments with convenient kitchenettes and large, private bathrooms with walk-in showers and memory care studio (view floor plans). You control the thermostat, keeping your surroundings at the temperature you like. You'll have peace of mind with an emergency-alert response system, including an optional wearable pendant.

With multiple courtyards, a lounge, recreation areas, a library, a living room, an elegant dining room and a multipurpose room, The Parkview offers you choices in how you'd like to spend your day.

Plus, be sure to check the dining and menu options and the site plan.

CONTACT US

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TOUR AND LUNCH / DINNER

REQUEST NEWSLETTER

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The Parkview

925-461-3042

Assisted Living and Memory Care 100 Valley Avenue, Pleasanton, CA 94566 License #015601283

Assisted Living . . .

Assisted living features:

- · Studio, one- and two-bedroom apartments
- Common areas including a living room, library, wellness center, multipurpose rooms

The Parkview amenities include:

- · On-site postal, beautician and manicurist services
- Wellness center and program
- · Weekly housekeeping (or more often, if desired)
- Scheduled transportation Monday-Friday

- · Community dining area and a private dining room
- · Customized shelves outside his/her apartment door
- Walkways and courtyards
- Maintenance
- · Assistance in arranging medical appointments
- Emergency alert response system
- Personalized care plan for each resident
- Recreation program

If you are interested in applying for housing at The Parkview, click on the Application forms listed below, print and mail to: The Parkview, 100 Valley Avenue, Pleasanton, CA 94566

- Application for Residency
- The Parkview: Application Checklist
- Physician's Report for Residential Care Facilities for the Elderly (RCFE)

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PHOTO GALLERY

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The Parkview

925-461-3042

Assisted Living and Memory Care 100 Valley Avenue, Pleasanton, CA 94566 License #015601283

Memory Care . . . Residents in the memory care program have studio apartments complemented by lounges, dining rooms and an enclosed courtyard. Each staff member will receive training specific to working with residents with Alzheimer's disease and similar conditions.

At The Parkview, our philosophy is to blend technology with a home-like environment to enhance the independence and quality of life of each resident in the comfort of his or her own home. Each resident room is personally identified with a customized shadow box just outside the door.

Amenities:

- Around-the-clock staffing by specially-trained staff
- On-site beautician and manicurist
- · Activities and programming designed specifically to enhance the lives of residents with memory care impairments, including
 - pet therapy
 - reminiscence therapy
 - music and movement
 - sensory stimulation

- Interior courtyard providing a safe environment for outdoor enjoyment
- Wellness Center
- · Housekeeping, weekly and as needed
- Maintenance
- Arrangement of medical appointments
- Personalized care plan for each resident

CONTACT US

REQUEST BROCHURE

TOUR AND LUNCH / DINNER

REQUEST NEWSLETTER

WELCOME

SUPPORTIVE INDEPENDENCE

- Assisted Living
- **Memory Care**
- Floor Plans

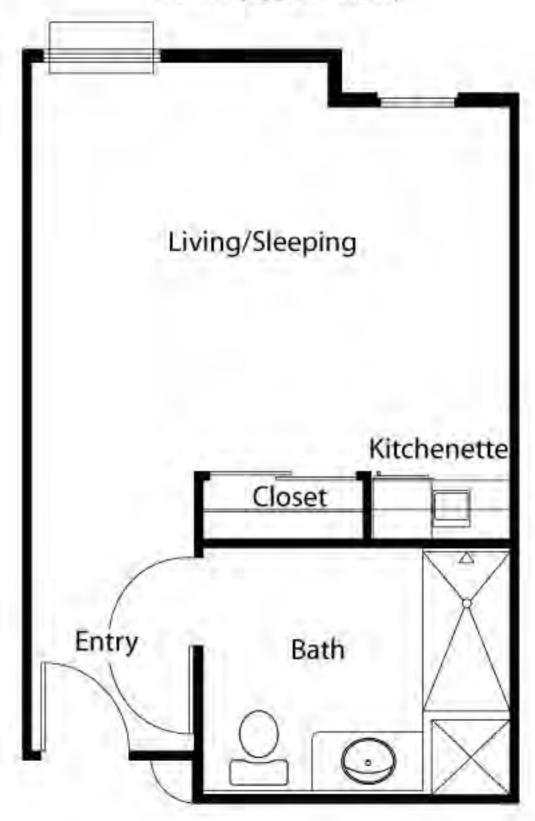
PHOTO GALLERY

MAP



View our Newsletter

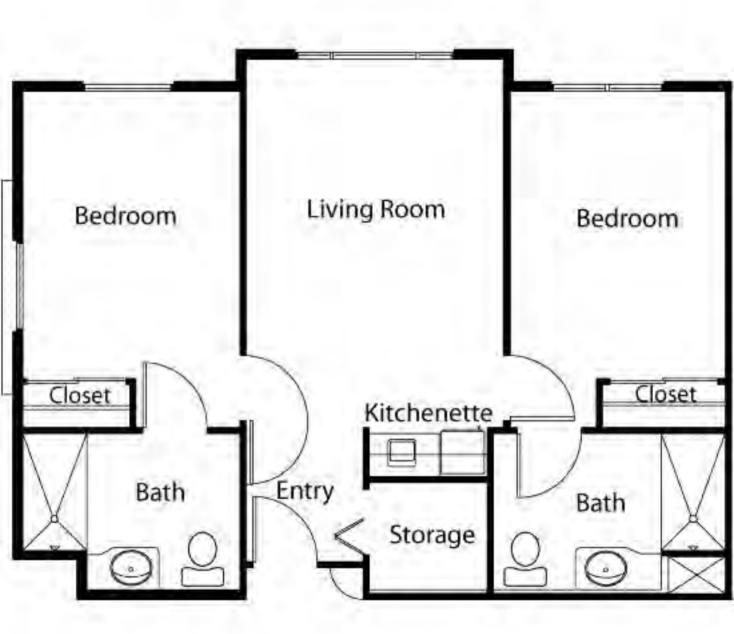
The Parkview
Plan A - Stuido
418 s.f. (approximate)



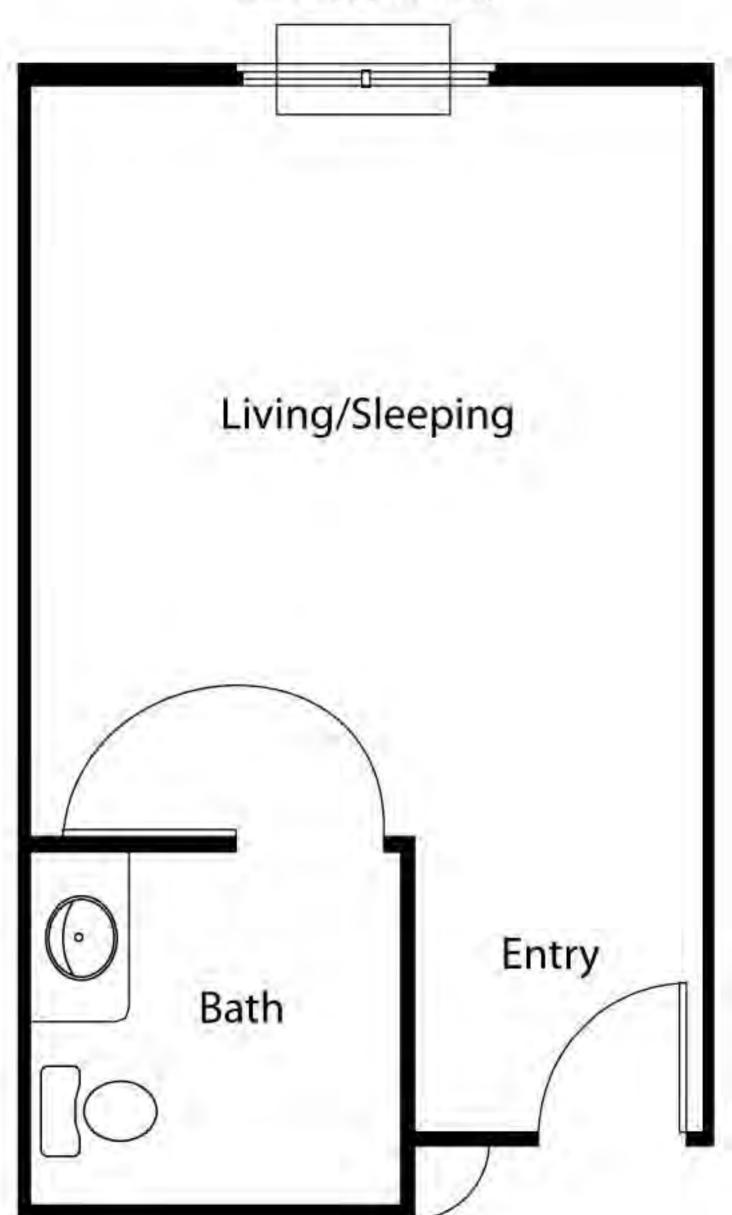
The Parkview Plan B - One-Bedroom 541 s.f. (approximate)



The Parkview Plan C - Two-Bedroom 813 s.f. (approximate)



The Parkview
Plan D - Memory Care Stuido
321 s.f. (approximate)

















Live Well at Home | News Media | Longevity Rules Blog | Livable Design | Thrill of a Lifetime | Calendar | Volunteer | Careers

The Parkview

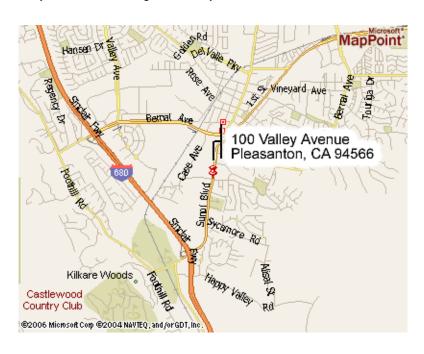
925-461-3042

Assisted Living and Memory Care 100 Valley Avenue, Pleasanton, CA 94566 License #015601283

Map . . .

Click here for more directions.

For driving direction purposes, please use 100 Junipero Street. The city is in the process of renaming the street to Valley Avenue. Mapquest does not yet have this change in their system.



CONTACT US

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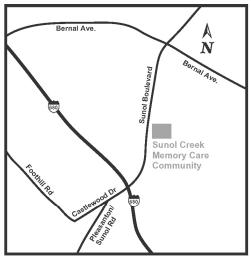


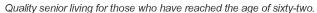


The premier memory care community where a nurturing, familiar, and uplifting environment matters most.

- Unique indoor and outdoor living areas
- Familiar daily routine
- Specially designed environment
- Customized care plans
- Dementia specific activities featuring our Pathways Program, based on Montessori principles
- Respite care programs

Call or visit us today for more information







Premier Memory Care Community

5980 Sunol Boulevard
Pleasanton, CA 94566
925-846-8283
sunolcreekmemorycare.com
RCFE License Pending

5980 Sunol Boulevard
Pleasanton, CA 94566
925-846-8283
sunolcreekmemorycare.com







Memory Care at Sunol Creek in Pleasanton, CA

Opening January 2014

No one should face Alzheimer's disease or dementia alone. Our new Sunol Creek Memory Care community offers a residential program specializing in the care and support of individuals in varying stages of Alzheimer's disease and related dementia.

Our unique community was designed with the residents in mind, providing an atmosphere that is inviting and comfortable for both your loved one and you. Upon visiting this community, you will feel more like you are in someone's home rather than a care facility. Sunol Creek offers secure interior courtyards and was built to Cal Green and LEED certified building standards.

Our beautiful and home-like community is comprised of two distinct neighborhoods with no more than 23 residents. Each neighborhood offers a sense of home and comfort, reducing the feelings of loneliness and confusion. We understand how important this is to our residents and their loved ones.

Our philosophy for care strives to create a specialized environment that will afford each individual maximum self-expression. The staff is committed to creating a quality of all inclusive care that meets the resident's physical, social, spiritual and emotional needs.

The Sunol Creek Memory Care community is the best place for your loved one at this time in their life.

Visit Our Blog for More Information

Sunol Creek Memory Care



Sunol Creek Memory Care in Pleasanton offers specially designed floor plans. Learn more >>

Our Community	Memory Care	Photo Tour

QUESTIONS FOR COMPARING HOUSING OPTIONS:

Senior Subsidized Apartments, Retirement Homes, and Assisted Living Facilities

Location	Close to family and friends?
	Access to public transportation?
	Safe places to walk nearby?
	Bank, pharmacy, and grocery store nearby?
	Vans available for appointments? Shopping
Meals	Served on the premises?
	Cafeteria style or table service?
	Number of meals negotiable?
	Guests allowed on a per-meal basis?
	Fully equipped kitchen in each unit?
	Special diets accommodated?
Staffing	On-site manager 24 hours a day?
_	Nurse on duty? How often?
	Help with medications? At what cost?
	Infirmary on the premises?
	Someone to organize activities?
	Housekeeping services? How often?
	Physical therapy available?
Layout	Laundry rooms conveniently located?
-	Storage areas available?
	Activity room? Lounge area?
	Individual heat controls in each unit?
	Safety rails in the bathrooms? Hallways?
	Call buttons in each unit? Where?
	Soundproofing between units?
	Private phone service in each unit?
Costs	Founder's fee? Initial down payment?
	Fee to remain on the waiting list?
	Extra fees for personal care services?

From Wendy Lustbader and Nancy R. Hooyman, Taking Care of Aging Family Members (New York: The Free Press, 1994). Copyright © 1994 by Wendy Lustbader and Nancy Hooyman; copyright © 1986 by The Free Press.

□ Conditions for terminating the contract?



Senior Housing Locator Services

The attached brochures are from several privately run services which provide assistance in locating housing and/or care facilities for senior citizens. The City of Pleasanton is not affiliated in any way with these services. However, the brochures are included in this packet in order to provide additional resources to persons seeking information on senior housing and/or senior care facilities.



How We Operate

For Families Companion Care Facility Types Resources For Facility

The California Registry has been providing senior housing and health care information and referrals since 1939. It is a DBA of the American Information and Referral Services Corporation (AIRS™), a for profit California corporation established in 1984 .Our agency provides referrals throughout Los Angeles County, Orange County, parts of Riverside and San Bernardino Counties, the San Francisco Bay area, Santa Barbara County, Sacramento County and Ventura county. Our offices are located in Orange County.

Although the services we provide are free to our individual clients, being a for profit corporation, the California Registry generates its income by charging a referral fee to the facility where a successful placement has been made. This is the same practice as followed by other senior care referral agencies within the state.

Our contract with facilities specifically states that the facilities are not to discriminate against our clients by charging additional fees or surcharges over and above the customary rates because they used our service. We **STRONGLY** urge any client to notify us if they are asked to pay such a fee.

Referrals we are not able to provide at this time:

- Skilled Nursing Facilities (aka Nursing Homes)
- Adult Housing (ages 18-59)
- Apartments
- HUD Housing
- Section 8 Housing
- other low income housing

For Families:

How To Begin | Client Assessment Form | Tips on Choosing a Facility | How We Operate | Contact Us

Companion Care:

Companion Care | Companion Care Request Form

Facility Types:

Board & Care | Assisted Living | Skilled Nursing | Senior Apartments | Continuing Care | Alzheimer's Care Communities



What to Look For When California Choosing a Care Facility For Registry an Elderly Person an Elderly Person

For Families Companion Care Facility Types Resources For Facilities

Don't choose a home for today's care needs. Too often people choose a facility for an elderly person based on their care needs today. Choose a care facility that is going to meet your needs tomorrow, six months, a year, two years down the line. If your relative or friend is going to need more help - not less - as time goes on make sure that the home you choose has the services they are going to need.

Make an appointment for your first visit.

If you think you might choose that facility, plan on dropping in unannounced at least twice thereafter. The best times are around mealtimes so that you can observe how meal service is provided.

Speak with some of the residents without staff present.

Ask them how they like being there. Try to get a feeling about whether your relative would fit in and be comfortable with the type of residents living in that facility. Are they experiencing similar problems and care needs?

Do NOT be Distracted by a Perfect Looking Home.

Although a residential care home or nursing home should be neat, clean, orderly and not have any offensive odors, ultimately you are looking for GOOD CARE, not perfect decor. At California Registry, we often visit homes that are exceedingly well decorated but have managers and owners that have little or no experience in caring for elderly people

Observe how residents and staff interact with each other.

Do the residents seem withdrawn and silent? Do they seem depressed and off in a world of their own? Do the staff treat residents as adults or more like children? If so, this may indicate that a facility is understaffed or that they don't understand the psycho-social needs of their residents. To a large extent the way the staff treat the

residents will more than anything else determine the quality of life that a resident experiences in a facility. Competent, caring staff that respect the personal dignity of each resident is essential.

Read the rental contract or patient agreement carefully.

Take it home with you if necessary. What extra charges are there? What items are not covered in the care contract? If these are not listed ask the facility to list what is not covered and what it will cost for those extra services. Never choose a facility that will not specify basic rates and extras in writing for you. Another important thing to check is how much notice you contractually must give a facility if you must move your relative out of a facility either due to medical reasons or if you are not satisfied with the facility.

Observe and sample meals

Food is often one of the few pleasures that elderly people can enjoy on a daily basis. If the food is bland and tasteless or lacking in variety the quality of life of an elderly person is seriously impacted in our opinion. We think that food is very important in the choice of any facility, be it retirement community or nursing home.

Usually it is not possible to sample the food prepared in small homes, but in the larger facilities such as retirement residences, assisted living facilities and nursing homes you may be invited to eat with the residents. If you are not, ask if you may eat a meal with the residents. Observe how the meals are served to the residents. Are the servers courteous and friendly. Is the food served hot? Is the food easily managed by an elderly person (e.g. can they easily cut it up and chew it?) Is there a variety of drinks available? How many choices do the residents have at each meal? Are there adequate amounts of each item? Are there a variety of fruits and fresh vegetables available? Are their desserts tasty and attractive?

Ask to see the latest state licensing inspection survey

Every facility is visited at least annually whether it is a residential care home, assisted living facility or nursing home. In the case of nursing homes, the annual survey is supposed to be placed in a public area of the lobby or entrance to the nursing home. If you don't see it, merely ask someone at the front desk for a copy of it or where it is located. Every nursing home will have some violations - but what you don't want to see in the survey are documented observations of poor or negligent patient care. Many of the deficiencies can be for things that seem simple or even trivial, but the sheer number of deficiencies may indicate a facility with real problems. A nursing home survey that is ten pages or less and has no significant deficiencies in direct patient care may be a good facility. One that 20-40 pages of deficiencies and lots of patient care deficiencies is a facility that you may want to avoid.

Ask to speak to the Director of Nurses

Every nursing home will have a D.O.N. (Director of Nurses). In speaking to the D.O.N. try to ascertain his or her philosophy of care and how long that person has been in that position. The D.O.N. sets the standards for care in a facility. If that person is good at their job and is supported by management (i.e. the Administrator)

then care generally is good. Where there is turnover you are likely to see a facility that has real problems in caring for its patients.

What happens if the money runs out?

Find out what the facility's policy is if the patient's money runs out and they can no longer pay for private care. Nursing homes generally have Medi-Cal contracts with the state which provides for the care of patients who have exhausted their funds for care. However, no such provision exists for licensed residential care homes or assisted living facilities. They can not bill Medi-Cal for the cost of care. Your only recourse in that situation is to transfer the person to a nursing home under the Medi-Cal program.

Is it better to place a person into a nursing home rather than a residential care setting because their money will run out? At California Registry we suggest that if a person's funds will run out in less than six months it usually is better to place that person in a nursing home rather than a residential care home. The reason's are practical. First, an elderly person finds it terribly upsetting to be moved and the fewer moves the better, both physically and mentally for them. Secondly, the care home will just be getting the person adjusted to the routine of the home and they will have to be moved. It is inconvenient for the home and the family to have to undergo two moves in a short time.

If there are funds, however, that allow the person to be housed for six months or longer in a residential care setting vs. a nursing home we usually advise the family to opt for the residential care setting or assisted living facility even though it may involve a move within a year. We believe that the quality of life is so much better in those settings over a nursing home that it should always be considered whenever possible.

In the final analysis there is no perfect solution, only some that seem better than others. But your knowledge of the system will help guide you to a decision that is best for your yourself or your relative.

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Companion Care:

Companion Care | Companion Care Request Form

Facility Types:

Board & Care | Assisted Living | Skilled Nursing | Senior Apartments | Continuing Care | Alzheimer's Care Communities

Resources:

<u>Assisted Living Waiver</u> | <u>Area Agency on Aging</u> | <u>Alzheimer's</u> | <u>SSI</u> | <u>Conservatorship</u> | <u>Elder Abuse</u> | <u>Medicare</u> | <u>Veterans Pension Benefit</u>

For Facilities:

Apply for Referrals | Update your Vacancies

click on logo to see brochure cover



925-944-3535

Specializing in Senior Placement Assistance within the 925 area code of Contra Costa County and Tri-Valley area (Dublin, Pleasanton and Livermore, California)

We provide Free Professional Assistance in Finding the Right Assisted Living Community, Board and Care Home, or Specialized Care Center for the Elderly Person in Your Life.



Caring and Knowledgeable Placement Counselors

Personal Assistance

Choice of Care Homes

We Are Your Link - Click Here For Free Professional Assistance

P.O. Box 3874, Walnut Creek, CA 94598

Telephone: 925-944-3535

Member of the Better Business Bureau since 1999





LE FastCounter

Last Revison March 3, 2005

SHALL I HIRE THIS WORKER?

Trust your feelings! Making the right choice is not always easy.

- Remember to ask all the questions you want. If in doubt about anything, continue to ask more questions of the worker, the social service worker or the person who told you about the worker.
- Remember to write down things. If anything the worker said sounded odd to you, you can check it out with your social service worker. Remember to write it down so you do not forget.
- Remember, you can interview as many people as you wish. You do not have to hire the first person you interview.
- Remember, you can always change your mind—now or later.
- Remember, YOU should pick the worker who takes care of YOU.
- Remember to call your social service worker immediately, once you hire a worker. If you fire a worker, do the same.

POINTS TO REMEMBER ONCE YOU HAVE HIRED YOUR WORKER

- It is not okay to be treated badly! Do not let your worker mistreat you.
- If your worker is not doing his or her job, call your social service worker.
- If your worker is frequently late, leaves early, or does not report to work, call your social service worker immediately.
- If your worker is hitting you, hurting you, screaming and yelling at you, or treating you badly in any way, call your social service worker immediately.

DOS AND DON'TS

- **DO** ask for a receipt any time your worker shops for you.
- **I DO** call your adult protective services agency or police department if you feel you are in danger.
- I DO NOT talk about how much money you have with the worker. DO NOT talk about your valuable property items and cash.
- **I DO NO**T let your worker sign **YOUR** name on their timesheet.
- DO NOT sign your worker's time sheet if you know they have not worked those hours. Call your social service worker.
- **DO NO**T add your worker's name to your savings, checking, charge accounts, or any other documents.
- **DO NO**T add your worker's name to your SSI, pension, Social Security or any other check.

Important Telephone Numbers

Social Service Worker
Emergency
Police
Adult Protective Services
Doctor
Friend or Relative



STATE OF CALIFORNIA

Arnold Schwarzenegger, Governor

HEALTH AND HUMAN SERVICES AGENCY

Kimberly Belshé, Secretary

DEPARTMENT OF SOCIAL SERVICES

PUB 190 (3/05)

Dennis J. Boyle, Director

How To Hire and Supervise Your In-Home Supportive Services (IHSS) Provider



State Social Services Advisory Board Committee on Welfare and Social Services

This brochure is intended to provide some guidelines for hiring and supervising your In-Home Supportive Services worker or provider.

(Questions To Your **Answers**

The following are some of the services that may be available to you through the In-Home Supportive Services

- Household and heavy cleaning, laundry, reasonable shopping and errands. preparation,
- Personal care services, such as feeding, bathing, bowel and bladder care, dressing, and other services.
- Assistance with transportation for medical appointments and health related services.

Please check your NOTICE OF ACTION for a complete list of services authorized for you.

persons who are unable to remain should make the final choice on who to The In-Home Supportive Services (IHSS) Program provides assistance to eligible aged, blind, and disabled safely in their own homes without assistance. While your social service you in looking for a worker to help, you worker has the responsibility to assist The following suggestions can assist hire and when to terminate services. you in carefully choosing your worker.

WHO ARE YOU HIRING?

It is important that you talk to the worker in person before deciding to hire him or her. You might want to consider the following:

- Have a friend or relative sit in on the interview.
- with a picture of the worker on it. Adriver's license, a Department of Motor Vehicles ID card, an Alien Registration card, or a You may ask to see an identification card County Employment ID card are all examples of such cards.
- Write down the worker's name, birth date, and Social Security account number. Keep this information in a place where you can easily find it. Write down their address and their telephone number. Your social service worker will need this information if you hire this person.
- Find out where they live and where and when they last worked. Ask for references from people they have worked for. You may call and ask what kind of work they performed and if there were any problems with the worker.
- give you an idea of whether the worker is Ask if the worker lives in the area and familiar with the local facilities or if the worker needs a lot of help from you to learn the area. Ask a new worker why he how long they have lived there. This will or she moved to this locality.
- Ask if the worker uses alcohol, tobacco, or drugs.
- Look at the worker's appearance. Is the worker neat and clean? If this worker will be cooking meals for you, take a good look at the worker's hands and fingernails and make sure they are clean.

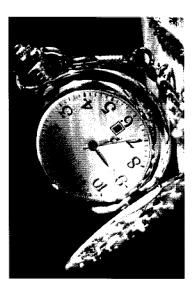
CAN THE WORKER DO THE JOB?

It is not easy to show a worker how to do things all the time, especially when you do not have the energy to explain what it is that has to be done. The following questions or observations may be noted before you hire - get the following information from the worker during

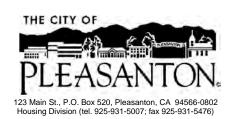
your talk:

■ Previous work—Has the worker done this kind of job before?

- Knowledge of job duties—Does the worker know what the job is about? Has
- the worker attended any job training? Ask direct questions about doing the job. Talk to the worker about what jobs you need bathing, and shopping. If you need transportation, be sure to see that the worker has a valid driver's license and done, such as cooking, laundry, cleaning, insurance policy.
- Good health—Make sure the worker does keep the worker from taking good care of not have physical problems that would
- Working hours—What hours is the worker able to care for you? Does the worker have any other part-time jobs?







Rental Assistance Programs

Programs which offer direct financial assistance to households for the payment of monthly rental costs are highly competitive in the Bay Area and the amount of assistance available is limited.

The primary form of rental assistance is the Section 8 program. Section 8 is a federally-funded program in which the government pays a portion of the monthly rent for households which meet certain eligibility requirements (e.g., income). Section 8 refers to the section of the United States Housing Act which authorizes and provides federal funding for housing assistance programs.

In Pleasanton (as well as in Dublin), the Section 8 program is administered by the Housing Authority of the County of Alameda (HACA) which is based in Hayward. The HACA currently receives funding to subsidize rents for approximately 4,000 households in the portions of Alameda County served by the agency through the "Housing Choice Voucher Program." Under the program, the tenant pays 30% to 40% of the gross adjusted monthly household income for rent, while the balance is subsidized up to a maximum set by the government.

Information on the Section 8 program can be obtained from the Housing Authority of the County of Alameda, 22941 Atherton St., Hayward, CA 94541 (tel. 510-538-8876; www.haca.net). In Livermore, the Section 8 program is coordinated through the Livermore Housing Authority (tel. 925-447-3600).

ECHO Housing, a Bay Area nonprofit agency, also provides a limited Rental Assistance Program (RAP). The program provides assistance with move-in costs or helps residents with delinquent rent due to a temporary financial setback. ECHO helps by arranging a guaranteed repayment contract between the tenant and the landlord. Financial assistance is subject to the availability of funds. Information on this program can be obtained from ECHO Housing, 3311 Pacific Ave., Livermore, CA 94550 (tel. 925-449-7340; www.echofairhousing.org).



6

Community Care Facilities Located in the Tri-Valley Area

This information is updated weekly on the State of California Community Care Licensing Division (CCLD) web site (<u>www.ccld.ca.gov</u>; "Search for a Facility"). Contact CCLD at 650-266-8800 for updates or if you have any questions about a particular facility.

PLEASANTON:

Facility No: 015601253 Capacity: 0006

License Status: Licensed

A NEW HAVEN CARE HOME - PLEASANTON

7229 VALLEY TRAILS DRIVE PLEASANTON, CA 94588

(925) 784-3842

Contact: SOLETA, ARNOLD

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440968 Capacity: 0006

License Status: Licensed ABIGAIL'S GUEST HOME 6372 ARLINGTON DRIVE PLEASANTON, CA 94566

(925) 846-5974

Contact: MENDOZA, AURELIA C. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440618 Capacity: 0006

License Status: Licensed ANNE'S GUEST HOME 2624 BECARD COURT PLEASANTON, CA 94566

(925) 484-3006

Contact: NATIVIDAD, MARIBEC DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440696 Capacity: 0006

License Status: Licensed ANNE'S GUEST HOME II 5368 ELMRIDGE COURT PLEASANTON, CA 94566

(925) 484-3006

Contact: MARIBEC NATIVIDAD DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601444 Capacity: 0006

License Status: Pending ASYST RESIDENTIAL CARE I 4429 PLEASANTON AVENUE PLEASANTON, CA 94566

(510) 364-9253

Contact: SUTIKTO, JAMES

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440407 Capacity: 0006

License Status: Licensed CAROL'S GUEST HOME I 4436 MIRADOR DR. PLEASANTON, CA 94566

(925) 846-4924

Contact: OTTENS, CAROL

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440950 Capacity: 0006

License Status: Licensed CHATEAU PLEASANTON 3429 STACEY WAY PLEASANTON, CA 94566

(925) 484-3006

Contact: MARIBEC V. NATIVIDAD DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600463 Capacity: 0006

License Status: Licensed

CROW CANYON RESIDENTIAL CARE II

4632 SHASTA CT.

PLEASANTON, CA 94566

(925) 931-0213

Contact: YU, RUFFY B.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600464 Capacity: 0006

License Status: Licensed

CROW CANYON RESIDENTIAL CARE III

3719 FAIRLANDS DRIVE PLEASANTON, CA 94588

(925) 425-0031

Contact: YU, RUFFY B.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601206 Capacity: 0082

License Status: Licensed EDEN VILLA PLEASANTON 4115 MOHR AVENUE PLEASANTON, CA 94566

(925) 461-8409

Contact: GABBERT, CONSTANCE DO: CENTRAL COAST SC/RES (14)

07/10

DO Phone: (650) 266-8800

Facility No: 015601291 Capacity: 0006

License Status: Licensed

INDEPENDENCE HOME CARE

2318 TANAGER DRIVE PLEASANTON, CA 94566

(925) 462-2287

Contact: PADILLA, STEPHANIE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601344 Capacity: 0006

License Status: Licensed
JULIET'S CARE HOME
3305 HUDSON COURT
PLEASANTON, CA 94588

(925) 417-7301

Contact: BALLESTEROS, JULIET DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440843 Capacity: 0006

License Status: Licensed PARKSIDE MANOR 3220 MARILYN COURT PLEASANTON, CA 94566

(925) 484-3006

Contact: NATIVIDAD, MARIBEC DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601283 Capacity: 0123

License Status: Licensed PARKVIEW, THE 100 VALLEY AVENUE PLEASANTON, CA 94566

(925) 461-3042

Contact: SYLVIA ZAININGER DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011405512 Capacity: 0015

License Status: Licensed
PLEASANTON GUEST HOME
588 SAINT JOHN ST.
PLEASANTON, CA 94566

(925) 846-5688

Contact: MADRIAGA, TERESA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601252 Capacity: 0006

License Status: Licensed

PLEASANTON SENIOR CARE VILLA

2609 CORTE ELENA PLEASANTON, CA 94566

(925) 600-8512

Contact: NICA, CRISTINA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600976 Capacity: 0006

License Status: Licensed QUEENS CARE HOME II 2724 WILLOWREN WAY PLEASANTON, CA 94566

(925) 825-7745

Contact: SANTOS, PROTASIO L. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600513 Capacity: 0006

License Status: Licensed

SERENE CARE 4498 BACON COURT PLEASANTON, CA 94588 (925) 461-0957

Contact: SOLOMON, S. & T.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600514 Capacity: 0006

License Status: Licensed SERENE CARE II 4127 DORMAN ROAD PLEASANTON, CA 94588

(925) 485-4580

Contact: SOLOMON, S. & T.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600654 Capacity: 0006

License Status: Licensed SERENE CARE III 6344 BENNER COURT PLEASANTON, CA 94588

(925) 462-4744

Contact: SOLOMON, TILAHOUN DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601375 Capacity: 0006

License Status: Licensed SERENITY GUEST HOME 2652 LIN GATE COURT PLEASANTON, CA 94566

(925) 833-9190

Contact: RECARLYN DIMAANDAL DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601199 Capacity: 0006

License Status: Licensed VALLE VERDE CARE HOME III

6502 VIA SAN BLAS PLEASANTON, CA 94588

(925) 785-8748

Contact: ADAMS, GISELLE V. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601251 Capacity: 0006

License Status: Licensed VALLE VERDE CARE HOME IV 7638 APPLEWOOD WAY PLEASANTON, CA 94588

(925) 785-8748

Contact: ADAMS, GISELLE V. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601411 Capacity: 0006

License Status: Licensed

WELCOME HOME SENIOR RESIDENCE

(PLEASANTON)

6839 SINGLETREE COURT PLEASANTON, CA 94588

(510) 685-8388

Contact: CHOU, STEVE & REFENDOR, S. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

LIVERMORE:

Facility No: 015601270 Capacity: 0006

License Status: Licensed

A GABRIELA'S VILLA-LIVERMORE

1051 LYNN STREET LIVERMORE, CA 94550

(925) 998-4316

Contact: TRINIDAD, DUMITELA A. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600554 Capacity: 0006

License Status: Licensed A HOME OF OUR OWN 2268 MARINA AVENUE LIVERMORE, CA 94550

(925) 443-6218

Contact: FEKETE, EMILY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600722 Capacity: 0002

License Status: Licensed A HOME OF OUR OWN II 2162 HAMPTON ROAD LIVERMORE, CA 94550

(925) 292-4848

Contact: FEKETE, EMILY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600740 Capacity: 0006

License Status: Licensed

A NEW HAVEN CARE HOME 949 DOLORES STREET LIVERMORE, CA 94550

(925) 784-3842

Contact: SOLETA, ARNOLD B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601319 Capacity: 0006

License Status: Licensed

A NEW HAVEN CARE HOME - ADAMS

814 ADAMS AVENUE LIVERMORE, CA 94551

(925) 784-3842

Contact: SOLETA, ARNOLD B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601428 Capacity: 0006

License Status: Licensed

A NEW HAVEN CARE HOME - HAMPTON

1356 HAMPTON PLACE LIVERMORE, CA 94550

(925) 784-3842

Contact: SOLETA, ARNOLD B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601122 Capacity: 0006

License Status: Licensed

A NEW HAVEN CARE HOME-SPRINGTOWN

855 CENTRAL AVENUE LIVERMORE, CA 94550

(925) 606-7244

Contact: SOLETA, ARNOLD B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011441121 Capacity: 0006

License Status: Licensed A-SUNSET EAST VILLA 1278 ASTI COURT LIVERMORE, CA 94550

(925) 484-3006

Contact: NATIVIDAD, MARIBEC DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601338 Capacity: 0006

License Status: Licensed BETHANY HOME CARE 1 3926 EAST AVENUE LIVERMORE, CA 94550

(925) 413-3578

Contact: NAGY, ARPAD

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601337 Capacity: 0006

License Status: Licensed BETHANY HOME CARE 2 3934 EAST AVENUE LIVERMORE, CA 94550

(925) 443-6822

Contact: NAGY, ARPAD

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601335 Capacity: 0006

License Status: Licensed

BETHANY HOME/HARVARD MANOR

3957 HARVARD WAY LIVERMORE, CA 94550 (925) 413-3578

Contact: NAGY, LEVENTE

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011440842 Capacity: 0006

License Status: Licensed CHATEAU LIVERMORE 1798 MT. DIABLO WAY LIVERMORE, CA 94550

(925) 484-3006

Contact: NATIVIDAD, MARIBEC DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601186 Capacity: 0006

License Status: Licensed COLEEN STREET CAREHOME 452 COLEEN STREET LIVERMORE, CA 94550 (925) 260-5304

Contact: MANGABAY, ELIZABETH DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601427 Capacity: 0006

License Status: Licensed EASY LIVING CARE HOME 1285 NORWOOD PLACE LIVERMORE, CA 94550 (925) 989-3345

Contact: GARCIA, EMILY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601201 Capacity: 0006 License Status: Licensed/Pending Increase

EASY LIVING CARE HOME 3536 MURPHY STREET LIVERMORE, CA 94550 (925) 989-3345

Contact: GARCIA, EMILY & BENJAMIN DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601367 Capacity: 0006

License Status: Licensed

EASY LIVING CARE HOME-CARMEN

2863 CARMEN AVENUE LIVERMORE, CA 94550

(925) 989-3345

Contact: GARCIA, EMILY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601405 Capacity: 0006

License Status: Licensed GIGI'S GUEST HOME 1542 PERIDOT DRIVE LIVERMORE, CA 94550

(925) 292-1176

Contact: RICASATA, GERALDYN G. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601095 Capacity: 0065

License Status: Licensed HERITAGE ESTATES 900 E. STANLEY BLVD. LIVERMORE, CA 94550

(925) 373-3636

Contact: STRUM, MICHAEL

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601187 Capacity: 0006

License Status: Licensed HRS CARE HOME 1352 ASTER LANE LIVERMORE, CA 94550

(925) 454-3320

Contact: DE LUNA, DIOSDADO DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601370 Capacity: 0006

License Status: Licensed J & C CARE HOME 1049 RINCON AVENUE LIVERMORE, CA 94551 (925) 245-9022

Contact: VELORIA, CLARITA M. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601263 Capacity: 0006

License Status: Licensed

JESS AND GEM'S HOME CARE 306 NORTH LIVERMORE AVENUE

LIVERMORE, CA 94551

(925) 245-9080

Contact: CABUSAO, JESSIE & GEMMA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600811 Capacity: 0006

License Status: Licensed KENNEDY GUEST HOME 2636 KENNEDY STREET LIVERMORE, CA 94551

(925) 449-0145

Contact: CASTRO, JOYCELYN DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601197 Capacity: 0020

License Status: Licensed LIVERMORE MANOR 3356 EAST AVENUE LIVERMORE, CA 94550

(925) 447-8770

Contact: SALVADOR, MALOU S. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601449 Capacity: 0003 License Status: Licensed/Pending Increase

OLD OAK GOLDEN VILLA, LLC

970 OLD OAK ROAD LIVERMORE, CA 94550

(925) 245-1818

Contact: NUNEZ, CORAZON & MAXIMINO

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601453 Capacity: 0006

License Status: Licensed

PARADISE HILLS HOME CARE FOR THE

ELDERLY

2561 ORVIETO COURT LIVERMORE, CA 94550

(925) 784-8490

Contact: DE LARA, MELENDRE & RONNIE

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600304 Capacity: 0018

License Status: Licensed

QUAIL GARDEN 813 SOUTH J STREET LIVERMORE, CA 94550 (925) 449-4411

Contact: LONDAGIN, ROBERT DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601398 Capacity: 0006

License Status: Licensed **QUAIL GARDEN 2** 836 SOUTH J STREET LIVERMORE, CA 94550

(925) 872-2705

Contact: LONDAGIN, REOBERT

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601306 Capacity: 0090

License Status: Licensed **ROSEWOOD GARDENS** 35 FENTON STREET LIVERMORE, CA 94550

(925) 443-7200

Contact: SARTO, JOSEPH

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600621 Capacity: 0006

License Status: Licensed RUDISH HOME CARE 5243 WISTERIA WAY LIVERMORE, CA 94550 (925) 443-3397

Contact: HANDOG-RUDISH, VIRGINIA M.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601393 Capacity: 0006

License Status: Licensed SERENITY CARE HOME 1545 MURDELL LANE LIVERMORE, CA 94550

(925) 960-9973

Contact: YANO, CRISTINA MIRANDA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601262 Capacity: 0006

License Status: Licensed SHANNEN GUEST HOME 5727 RUNNING HILLS AVENUE LIVERMORE, CA 94551

(925) 980-1087

Contact: DE LUNA, DIOSDADO DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601346 Capacity: 0005

License Status: Licensed SPRUCE CARE HOME 1348 SPRUCE STREET LIVERMORE, CA 94551

(925) 413-2751

Contact: CARMONA, LETICIA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601336 Capacity: 0006

License Status: Licensed SUNRISE PRIVATE CARE 3234 EAST AVENUE LIVERMORE, CA 94550

(925) 413-3578

Contact: NAGY, LEVENTE

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600130 Capacity: 0031

License Status: Licensed TIFFANY GARDENS 790 HOLMES STREET LIVERMORE, CA 94550

(925) 371-3090

Contact: ANELLI STAMM

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601440 Capacity: 0006

License Status: Licensed VALLEYCREST HOME 3864 PRINCETON WAY LIVERMORE, CA 94550

(925) 215-8606

Contact: MARTINEZ, TESSIE L. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601304 Capacity: 0006

License Status: Licensed VINTAGE MANOR 1639 VETTA DRIVE LIVERMORE, CA 94550

(925) 339-6184

Contact: SAMBU, ALEJANDRO DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

DUBLIN:

Facility No: 015601380 Capacity: 0006

License Status: Licensed ALLSTAR RESIDENCE 7875 IRONWOOD DRIVE DUBLIN, CA 94568 (925) 875-1737 Contact: BASA, JUDY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601395 Capacity: 0006

License Status: Licensed

ANGELS ILIE & MARIA GOLDEN AGE CARE

8552 BRIARWOOD LANE DUBLIN, CA 94568 (925) 556-1845

Contact: MIHALE, ELENA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601330 Capacity: 0006

License Status: Licensed

ASIAN NETWORK RESIDENTIAL CARE, INC.

8630 BANDON DRIVE DUBLIN, CA 94568 (925) 828-9810 Contact: WEI, TRACY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601331 Capacity: 0006

License Status: Licensed

ASIAN NETWORK RESIDENTIAL CARE, INC.

8656 BANDON DRIVE DUBLIN, CA 94568 (925) 828-9820 Contact: WEI, TRACY

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 011441033 Capacity: 0006

License Status: Licensed C & M GUEST HOME 8474 WICKLOW LANE DUBLIN, CA 94568 (925) 829-6218

Contact: MARI, CARLITO

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600450 Capacity: 0006

License Status: Licensed C & M GUEST HOME #2 8217 LOCUST PLACE DUBLIN, CA 94568 (925) 829-2376

Contact: MARI, CARLITO A.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601128 Capacity: 0006

License Status: Licensed EMERALD HOME CARE 7314 EMERALD AVE. DUBLIN, CA 94568 (925) 398-8807 Contact: NICA, JOHN

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600640 Capacity: 0006

License Status: Licensed GOD SENT CARE CENTER I 7769 STARWARD DRIVE DUBLIN, CA 94568 (925) 828-7599

Contact: RILLER, ANGELA D. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015600175 Capacity: 0006

License Status: Licensed

GOD SENT CARE CENTER II 7628 IRONWOOD DRIVE DUBLIN, CA 94568 (925) 828-7599

Contact: RILLER, ANGELA D. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601387 Capacity: 0006

License Status: Licensed SUNRISE HOME CARE 7254 ELBA COURT DUBLIN, CA 94568 (925) 833-1583

Contact: PASCUT, MIHAELA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601039 Capacity: 0006

License Status: Licensed VALLE VERDE CARE HOME II 7851 DIANA LANE DUBLIN, CA 94568 (925) 785-8748 Contact: GISELLE V. ADAMS

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 015601211 Capacity: 0006

License Status: Licensed

WELCOME HOME SENIOR RESIDENCE

7693 DONOHUE DRIVE DUBLIN, CA 94568 (510) 685-8388 Contact: CHOU, STEVE

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

SAN RAMON:

Facility No: 075600619 Capacity: 0006

License Status: Licensed ABIGAIL'S GUEST HOME 10061 LA PAZ AVENUE SAN RAMON, CA 94583

(925) 828-9660

Contact: ABIGAIL SANTOS

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601502 Capacity: 0006

License Status: Licensed AVIGNON CHATEAU 126 LONDON COURT SAN RAMON, CA 94582

(925) 560-9789

Contact: JIRJIS, VIRGINIA C. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601092 Capacity: 0006

License Status: Licensed

BEATITUDES MISSION HOME - SAN RAMON

3262 MONTEVIDEO DRIVE SAN RAMON, CA 94583

(925) 833-9477

Contact: SICAT, SYLVIA & JOSE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601413 Capacity: 0006

License Status: Licensed BELOVED'S PLACE 524 IRIS LANE

SAN RAMON, CA 94582

(925) 648-3552

Contact: ANDES, AMELIA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601398 Capacity: 0006

License Status: Licensed CAROLINA LIVING 2729 MARSH DRIVE SAN RAMON, CA 94583

(925) 858-7268

Contact: VILLANUEVA, CECILIA C. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601147 Capacity: 0006

License Status: Licensed CASA SAN RAMON 3203 MUNRAS PLACE SAN RAMON, CA 94583

(925) 833-1179

Contact: HERNANDEZ, JOSEPHINE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601326 Capacity: 0006

License Status: Licensed EDWARDS OF SAN RAMON 9746 TAREYTON AVENUE SAN RAMON, CA 94583

(925) 413-1348

Contact: SOLIS, EDWARD & JULIA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600199 Capacity: 0006

License Status: Licensed EVERGREEN TERRACE 9450 ALCOSTA BLVD. SAN RAMON, CA 94583

(925) 828-8838

Contact: SQUIRE, DENNISA E. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600507 Capacity: 0006

License Status: Licensed FIRCREST GARDENS 9406 FIRCREST AVENUE SAN RAMON, CA 94583

(925) 963-1487

Contact: QUIAMBAO,E.&TAGUINOD,R. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600796 Capacity: 0006

License Status: Licensed FIRCREST GARDENS II 9400 FIRCREST LANE SAN RAMON, CA 94583

(925) 963-1487

Contact: TAGUINOD, RICHARD A. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601276 Capacity: 0006

License Status: Licensed GOLDEN HILLS HOME CARE 9474 ALCOSTA BLVD. SAN RAMON, CA 94583 (925) 875-9800

Contact: DEL CASTILLO, GERLITA B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601511 Capacity: 0006

License Status: Licensed GOLDEN HILLS HOME CARE 9474 ALCOSTA BLVD SAN RAMON, CA 94583

(925) 875-9800

Contact: DEL CASTILLO, GERLITA B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601481 Capacity: 0006

License Status: Licensed JABEZ CAREHOME 2809 OAK CREEK DRIVE SAN RAMON, CA 94583

(925) 556-4389

Contact: GRUEZO, AMALIA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601451 Capacity: 0006

License Status: Licensed KARO MINA CARE HOME 2866 LARAMIE AVENUE SAN RAMON, CA 94583

(925) 551-8263

Contact: EWEDA, MONA

DO: CENTRAL COAST SC/RES (14) DO Phone: (650) 266-8800

Facility No: 075601023 Capacity: 0006

License Status: Licensed LOVEY'S LOVING HOME 2752 MOHAWK CIRCLE SAN RAMON, CA 94583

(925) 867-2942

Contact: BROWN, LAWRENCE & LOVELIA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600264 Capacity: 0110

License Status: Licensed

MERRILL GARDENS AT SAN RAMON 18888 BOLLINGER CANYON ROAD

SAN RAMON, CA 94583

(925) 831-3964

Contact: REYNOLDS, TONYA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601384 Capacity: 0006

License Status: Licensed OUR LADY'S CARE HOME II 401 SUNNYSIDE PLACE SAN RAMON, CA 94583

(925) 648-0448

Contact: REYES, JOSE & LOURDES DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601514 Capacity: 0006

License Status: Pending PENNY'S GUEST HOME 78 RYEGATE PLACE SAN RAMON, CA 94583

(925) 361-8781

Contact: GARDNER, JOSEFINA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601452 Capacity: 0006

License Status: Licensed PINE VALLEY HOMES 9675 TAREYTON AVENUE SAN RAMON, CA 94583

(925) 803-1965

Contact: PURUGANAN, EMERITO DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600497 Capacity: 0006

License Status: Licensed QUEENS CARE HOME, LLC 3200 DE ANZA PLACE SAN RAMON, CA 94583

(925) 825-7745

Contact: SANTOS, JOCELYN F. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600732 Capacity: 0006

License Status: Licensed ROSE'S CARE HOME 78 RYEGATE PLACE SAN RAMON, CA 94583

(925) 833-0645

Contact: SPENCER, ROSEMARY DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600275 Capacity: 0006

License Status: Licensed SUNNY DAYS CARE 3133 KITTERY AVENUE SAN RAMON, CA 94583

(925) 551-5835

Contact: MUNTEAN, AURELIA-SUSANA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600870 Capacity: 0006

License Status: Licensed TRINITY CARE HOME 9658 ASHBY WAY SAN RAMON, CA 94583

(925) 479-0381

Contact: LICUP, GINA V.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600926 Capacity: 0006

License Status: Licensed TRINITY CARE HOME #2 110 AVOCADO CT. SAN RAMON, CA 94583

(925) 719-1548

Contact: LICUP, GINA V.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601125 Capacity: 0006

License Status: Licensed TRINITY CARE HOME 3 744 ACORN CT.

SAN RAMON, CA 94583

(925) 230-8600

Contact: LICUP, GINA V.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600756 Capacity: 0006

License Status: Licensed TWILIGHT HOME #3 293 LUDLOW PLACE SAN RAMON, CA 94583 (925) 556-1858

Contact: DEMISSE, ABEBECH DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600786 Capacity: 0006

License Status: Licensed VALLE VERDE CARE HOME 116 VALDIVIA CIRCLE SAN RAMON, CA 94583

(925) 719-1548

Contact: LICUP, GINA V.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600586 Capacity: 0006

License Status: Licensed

VALLEY'S GOLDEN AGE RETREAT, THE

9624 DAVONA DRIVE SAN RAMON, CA 94583

(925) 556-0718

Contact: AURORA MEZEI

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600724 Capacity: 0005

License Status: Licensed VICTORIA'S GUEST HOME 2852 MORGAN DRIVE SAN RAMON, CA 94583

(925) 833-9900

Contact: FORTES, VICTORIA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601454 Capacity: 0140

License Status: Licensed VILLA SAN RAMON 9199 FIRCREST LANE SAN RAMON, CA 94583

(925) 803-9100

Contact: RAMSLAND, JERALYN DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

DANVILLE:

Facility No: 075601345 Capacity: 0006

License Status: Licensed ATHENIAN GARDENS 725 LAS BARRANCAS DRIVE DANVILLE, CA 94506

(925) 855-1899

Contact: REID, MARILYN B.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601093 Capacity: 0006

License Status: Licensed

BEATITUDES MISSION HOME - DANVILLE 1000 EL CAPITAN DRIVE DANVILLE, CA 94526 (925) 314-1877

Contact: SICAT, SYLVIA & JOSE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601315 Capacity: 0006

License Status: Licensed

BLACKHAWK SENIOR RESIDENTIAL CARE

209 FARM HILL COURT DANVILLE, CA 94526 (925) 820-8783

Contact: PETITI, NORA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600088 Capacity: 0006

License Status: Licensed

CAMINO RAMON HOME FOR SENIORS

931 CAMINO RAMON DANVILLE, CA 94526 (925) 838-7786

Contact: LINGBANAN, VICTORIA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600006 Capacity: 0006

License Status: Licensed

CASA MANGUS

117 VALLE VERDE COURT

DANVILLE, CA 94526

(925) 743-1054

Contact: MANGUS, STANLEY B. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071440289 Capacity: 0006

License Status: Licensed DANVILLE CARE HOME 209 PARAISO DR. DANVILLE, CA 94526 (925) 838-8480

Contact: FELIPE, MEDA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071440831 Capacity: 0006

License Status: Licensed DANVILLE COURTYARD 836 EL QUANITO DRIVE DANVILLE, CA 94526 (925) 837-4162

Contact: STAMM, ANELLI P.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071441172 Capacity: 0006

License Status: Licensed

DANVILLE HOME FOR SENIORS

44 DUBOST COURT DANVILLE, CA 94526

(925) 837-5170

Contact: JAQUIAS, AURORA FE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071440838 Capacity: 0006

License Status: Licensed DANVILLE PARADISE 1207 GREENBROOK DRIVE DANVILLE, CA 94526 (925) 838-8409

Contact: FELIPE, MEDA P.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601390 Capacity: 0128

License Status: Licensed

DIABLO LODGE 950 DIABLO ROAD DANVILLE, CA 94526

(925) 838-8300

Contact: BETTY DOMINICI

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600230 Capacity: 0006

License Status: Licensed DIABLO SENIORS HOME 902 DIABLO ROAD DANVILLE, CA 94526 (925) 855-0959

Contact: KEYHANTAJ, MOHAMMAD DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601257 Capacity: 0042

License Status: Licensed

EMERITUS AT BARRINGTON COURT

400 W. EL PINTADO ROAD DANVILLE, CA 94506

(925) 838-3020

Contact: CROSS, SHELLY A.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071441238 Capacity: 0006

License Status: Licensed

GOLDEN POND

1296 GREENBROOK DRIVE

DANVILLE, CA 94526

(925) 838-8409

Contact: FELIPE, MEDA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601222 Capacity: 0006

License Status: Licensed LA PERA MISSION HOME 245 LA PERA CIRCLE DANVILLE, CA 94526 (925) 997-4455

Contact: SICAT, SYLVIA & JOSE S. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601350 Capacity: 0006

License Status: Licensed
LORVIN CARE HOME OF DANVILLE

63 ST. RAMON COURT DANVILLE, CA 94562

(925) 314-0841

Contact: GOTINGCO, VINCENT G. DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601503 Capacity: 0036

License Status: Licensed

MAGNOLIA GARDEN AT DANVILLE

205 EL PINTO ROAD DANVILLE, CA 94526 (925) 820-9801

Contact: OLIVA, JOSEPH ANTHONY DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601416 Capacity: 0006

License Status: Licensed MORNING STAR VILLA INC. 900 EL CAPITAN DRIVE DANVILLE, CA 94526 (925) 922-9199

Contact: LEGARDA, MARISSA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601182 Capacity: 0006

License Status: Licensed PALM GARDEN HOME CARE 280 ELSIE DRIVE DANVILLE, CA 94526

(925) 855-0400

Contact: GUIJO, FLORANTE & VERONICA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600159 Capacity: 0006

License Status: Licensed PARAISO GARDENS 217 PARAISO DRIVE DANVILLE, CA 94526 (925) 838-8409

Contact: FELIPE, MEDA

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600335 Capacity: 0120

License Status: Licensed

REUTLINGER COMMUNITY FOR JEWISH LIVING

4000 CAMINO TASSAJARA DANVILLE, CA 94526 (925) 648-2800

Contact: SLOANE, SUZANNE DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071441131 Capacity: 0006

License Status: Licensed

ROUND HILL CARE HOMES, INC.

22 DARTMOUTH PLACE DANVILLE, CA 94526 (925) 743-0890

Contact: PEDRO D. ZAMORA DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 071440487 Capacity: 0006

License Status: Licensed SANTA CLARA HOME 170 SANTA CLARA DRIVE DANVILLE, CA 94526

(925) 837-4516

Contact: FILOMENA F. IGNACIO DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600278 Capacity: 0006

License Status: Licensed ST. PATRICK CARE HOME 1864 CAMINO RAMON DANVILLE, CA 94526 (925) 831-1507

Contact: ARINDAENG, ELMER DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075600281 Capacity: 0089

License Status: Licensed

SUNRISE ASSISTED LIVING OF DANVILLE

1027 DIABLO ROAD DANVILLE, CA 94526 (925) 831-1740

Contact: DAVID, RICKY JR.

DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Facility No: 075601188 Capacity: 0006

License Status: Licensed TRINITY CARE HOME 4 55 SAN VICENTE COURT DANVILLE, CA 94526

(925) 719-1548

Contact: LICUP, GINA V. & LABAY, M DO: CENTRAL COAST SC/RES (14)

DO Phone: (650) 266-8800

Senior Community



Resource Guide



Chair, Assembly Committee on Business, Professions and Consumer Protection

Dear Neighbor:

Please accept this complimentary copy of my Senior Community Resource Guide. It provides hundreds of useful telephone numbers important to seniors. The listings include federal, state, and local community services and non-profit organizations located in Alameda County.

I encourage you to contact my district office at (510) 583-8818 if you have any questions, need assistance with a state agency, or want more information about a particular issue. Please visit my official website at www.asm.ca.gov/hayashi to retrieve information about legislation, sign-up for my electronic news briefings, or discover more than 150 helpful links on a wide variety of state issues. In particular, the **State Resources** page on my website includes information on how to find lower rates on your automobile insurance, save on prescription drugs, receive financial automobile repair assistance if your car fails a smog check, tips to prevent identity theft, and what you should know before hiring a home contractor, just to name a few.

I hope you find the information within this senior resource guide helpful. It is an honor and privilege to represent you in the State Legislature. Please feel free to contact me if I can be of further service.

Sincerely,

MARY HAYASHI Assemblymember

District Office: 22320 Foothill Boulevard, Suite 540 • Hayward, California 94541 • (510) 583-8818 • Fax: (510) 583-8800 Capitol Office: State Capitol • P.O. Box 942849 • Sacramento, California 94249-0018 • (916) 319-2018 • Fax: (916) 319-2118





2-1-1 provides seniors with information about and referrals to human services for every day needs and in times of crisis. It provides information about:

- Basic Human Needs Resources
- Physical and Mental Health Resources
- Employment Re sources, Support for Older Americans and Persons with Disabilities
- Support for Children, Youth and Families, and
- Volunteer Opportunities and Donations



TELEPHONE CONTACT NUMBERS

Social Services211
Directory Assistance411
Traffic and Transit511
Telephone Repair Service611
California Relay for Hearing Impaired711
"Call before you dig" – To locate underground utility lines811
Emergency Services (Ambulance, Fire and Police)911
Alameda County Sheriff (Non-Emergency)510-667-7721
Serving All Unincorporated Areas of Alameda County
BART Police (Non-Emergency) 877-679-7000
CHP - Castro Valley (Non-Emergency)510-581-9028
CHP - Hayward (Non-Emergency)510-489-1500
CHP - Dublin (Non-Emergency)925-828-0466
Dublin Police (Non-Emergency) 925-833-6670
Hayward Police (Non-Emergency)
510-293-7272
Oakland Police (Non-Emergency)510-777-3333
Pleasanton Police (Non-Emergency)925-931-5100
San Leandro Police (Non-Emergency)
510-577-2740
Alameda County Family Justice Center
Alameda County Family Justice Center

ALAMEDA COUNTY AREA AGENCY ON AGING	
6955 Foothill Boulevard, Suite 300, Oakland CA 94605	800-510-2020
ADULT DAY CARE/RESPITE (useful website: www.adsnac.org/)	
Adult Day Services Network of Alameda County	510-888-1411 510-656-7742 510-433-1150 510-563-4390
ALCOHOLISM AND DRUG ABUSE PREVENTION PROGRAM	IS
Alameda County Behavioral Health (ACCESS) Alcoholics Anonymous Central Office	510-839-8900 510-885-8743
ALZHEIMER'S SERVICES	
Alzheimer's Association Hotline	510-888-1411 925-931-5379 800-445-8106 925-931-5379
CAREGIVER SUPPORT PROGRAMS	
Family Caregiver Alliance (caregiver respite)	510-583-8026
CASE MANAGEMENT/COORDINATION OF SERVICES FOR HOMEBOUND SENIORS	
Bay Area Community Services (BACS)	510-574-2046

FOR ADULTS	SABILITIES.

American Cancer Society	800-227-2345
American Diabetes Association	
American's with Disabilities Act (ADA), General Information	
Aphasia Center of California (services for persons who have had strokes)	510-336-0112
Arthritis Foundation	
Braille & Talking Book Library	
Community Resources for Independent Living (CRIL)	
California Telephone Access Program	
DCARA (Deaf Counseling, Advocacy & Referral Agency)	
Disability Rights California	
Hearing & Speech Center of Northern California	415-921-7658
Lighthouse for the Blind (consumer products)	415-431-1481
Lions Blind Center	510-450-1580
National Multiple Sclerosis Society	800-344-4867
Parkinson's Institute	
Regional Center Wheelchair Breakdown Service	
(emergency wheelchair transportation and breakdown service)	877-509-4335
Women's Cancer Resource Center, Oakland	
Women's Cancer nesource Center, Cakland	
ELDER ABUSE PREVENTION PROGRAMS	
Alameda County Adult Protective Services Alameda County District Attorney Office - Elder Abuse Unit Ombudsman, Inc.	510-569-9281
Victim/ Witness Assistance Program	
EMPLOYMENT PROGRAMS	
State of California Employment Development Department	
Eden Area Multiservice Center	510-670-5700
Oakland One-Stop Career Center - East	
Tri-Valley One-Stop Career Center	
Assets Senior Employment Program (Oakland)	
Service Corps of Retired Executives - East Bay Chapter	510-272-6611
Service Corps of Nethear Executives - Last Bay Chapter	
FINANCIAL ASSISTANCE	
(useful websites: www.benefitscheckup.org or www.govbenefits.gov/)	
Alameda County Social Services Agency	
Eden Area Multi-Service Center	
Tri-Valley (Livermore Outstation)	
CANHR (estate planning for long term care & pension rights counseling p	projects)
	800-474-1116

FINAN	ICIAL .	ASSIST	INCE.	Continued
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www.cfb.ca.gov/consumer/funeral.shtml

California State Franchise Tax Board	510-581-9380 510-271-6075 800-952-5661 800-868-4171 800-772-1213
FOOD AND NUTRITION	
Home Delivered Meals Pleasanton Senior Center Meals on Wheels	
SENIOR GROUP DINING (congregate meals)	
Dublin Senior Center (M, T, & Th,: meals prepared on site) Hayward Area Senior Center (T & Th: meals prepared on site) K.C. Aitken Senior Center – Castro Valley (M & Wed: meals prepared on site) Pleasanton Senior Center Spectrum Community Services Alameda County Community Food Bank Brown Bag Program (San Leandro) Food Stamps Food Stamps (Tri-Valley)	510-881-6766 510-881-6736 925-931-5385 510-881-0300 510-635-3663 510-534-8540 510-670-6000
FRIENDLY VISITORS/TELEPHONE REASSURANCE PROGR	RAM
Are You Ok? (Pleasanton PD will call seniors for health/safety check-up)	800-260-0094 510-667-9655 877-797-7299 510-347-4620
FUNERAL HOME CONSUMER INFORMATION	
State of California Department of Consumer Affairs, Cemetery and Funeral Bureau	800-952-5210

UEALTH	INCLIDAR	ICE PROGRAMS

HICAP (Health Insurance and Advocacy Program)	510-839-0393
Medi-Cal	
Medicare	800-633-4227
Qualified Medicare Beneficiary Program (QMB)	510-577-1900

HOME IMPROVEMENT FOR LOW-TO MODERATE-INCOME HOUSEHOLDS

Alameda County Housing & Community Development Department	510-670-5398
City of Hayward Housing Conservation Program	
(Hayward residents only, minor repairs also)	510-583-4225
City of San Leandro	
Rebuilding Together (Oakland - rehabilitate homes for the elderly and disabled)	
	510-625-0316

HOSPICE PROGRAMS

Crisis Support Services of Alameda County (grief counseling)	800-260-0094
Hope Hospice, Inc. (Dublin and Tri-Valley)	925-829-8770
Kaiser Hayward Hospice (and bereavement services)	
Pathways Hospice and Grief Counseling	
Sutter VNA & HOSPICE (and grief counseling)	

HOUSING ASSISTANCE PROGRAMS

Alameda County Housing Authority	510-538-8876
Community Resources for Independent Living (CRIL)(disabled housing assistance)	
	510-881-5743
ECHO Housing (home seeking, rental assistance)	510-581-9380
ECHO Housing (home seeking, rental assistance, Tri-Valley)	925-449-7340
ECHO Housing (reverse mortgage counseling)	510-271-7931
Eden Housing (affordable housing for seniors)	510-582-1460
Eden Information & Referral (emergency shelter referrals)	Dial 2-1-1
HOPE Housing Program (Spectrum Community Services)	510-881-0300
Housing and Economic Rights Advocates (HERA - predatory mortgage counseling)	
	510-271-8443
Pleasanton Housing Division (affordable housing available in Pleasanton)	925-931-5011

IN-HOME SERVICES

510-577-1800 66-397-3689 510-881-5743 510-881-0218 25-931-5379 25-931-5384
i10-271-8843 10-881-0300 i10-577-3535
66-330-0753 610-302-2222 610-663-4744 6300-474-1116 610-271-8443 600-393-0363 610-452-4541 610-548-2377 6300-222-1753
10-654-5383 10-437-4473 10-667-3202 925-462-1755 10-885-3241 10-723-6900 10-347-4620 10-535-3650 567 ext 4020 10-563-4300 10-670-6000

MEDICAL	/DENTAL CARE	Continued
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Native American Health Center (Health and Dental)	510-535-4400
Southern Alameda County Dental Society (referrals)	510-782-5442
Tiburcio Vasquez Health Center (Health and Dental)	510-471-5880
Tri-City Health Center	510-770-8040
University of the Pacific Dental Care Center	

MENTAL HEALTH/COUNSELING

California Department of Mental Health - Office of Suicide Prevention (general info)	
	916-651-1178
Alameda County Health Care ACCESS (referrals to all mental health clinics & psychia	
	.800-491-9099
Asian Community Mental Health Services	510-451-6729
Axis Community Health	. 925-462-5544
Crisis Support Services of Alameda Co. (counseling / suicide prevention)	. 800-309-2131
East Bay Cancer Support Group	. 510-889-8766
Eden Hospital Adult Psychiatric Services	510-889-5016
	.800-260-0094
Hope Hospice (Dublin)	
La Familia Counseling Service (referrals only)	510-881-5921
National Suicide Prevention Lifeline	.800-273-TALK
Pathways Hospice and Grief Counseling	. 510-632-4390
Senior Support Services of the Tri-Valley	925-931-5379
Suicide Prevention	. 800-309-2131
Visiting Nurses Association/Hospice	510-347-6870
Women's Cancer Resource Center	510-601-4040

NURSING HOME ASSISTANCE

(useful website: www.calnhs.org & www.nursinghomeguide.org)

California Department of Public Health	
Health Facilities Consumer Information System	800-236-9747
http://hfcis.cdph.ca.gov/servicesAndFacilities.aspx	
CANHR (advice on nursing home selection)	800-474-1116
Ombudsman. Inc. (complaint Resolution)	510-638-6878

ONE-STOP RESOURCE CENTERS

800-510-2020
510- 586-0700
866-658-5820

SENIOR CENTERS	
Castro Valley Dublin	925-829-6316 510-881-6766 925-931-5365 510-577-3462
STATE AGENCIES (most popular requests)	
Assemblymember Mary Hayashi's Office (assists you with any state agency) Bureau of Automotive Repair (Smog Check Issues – Consumer Assistance Program) California Department of Consumer Affairs California Department of Fair Employment & Housing (Housing Discrimination) California Department of Insurance California Department of Justice California Department of Managed Health Care (HMO Help Line) California Department of Motor Vehicles California Public Utilities Commission Contractors State Licensing Board Medical Board of California	866-272-9642 800-952-5210 800-233-3212 800-927-4357 800-952-5225 88-HMO-2219 800-777-0133 800-649-7570 800-321-2752
TRANSPORTATION PROGRAMS AND SERVICES	
AC Transit Senior Discount	510-464-7133 510-287-5040 -895-9911 x.8 800-777-0133 ity) 510-583-4230 . 510-817-1717
Dial-A-Ride (wheelchair van) Vouchers Dublin	925-455-7510
UTILITIES ASSISTANCE	
CAP, Salvation Army (water discount, low income EBMUD customers)	800-806-1191

HEAP (Energy Asst. for persons with income at or below 130% of poverty-

UTILITIES ASSISTANCE, Continued

Lifeline (telephone discounts)
VETERANS SERVICES
California Department of Veterans Affairs
OTHER IMPORTANT PHONE NUMBERS
Alameda County Area Agency on Aging Senior Information 800-510-2020 Alameda/Contra Costa County Medical Association (how to locate doctors who accept Medi-Cal) 510-654-5383 Alameda County Social Services 510-670-6000 Contra Costa County Senior Information 925-229-8434 Eden Information & Referral 2-1-1 Eldercare Locator (information on services nationwide) 800-677-1116 Immigration Questions: International Institute of the East Bay 510-451-2846 Immigrant Assistance Line (English, Spanish) 800-273-6222 Immigrant Assistant Line (Cantonese, Mandarin, Japanese) 415-543-6769 or 800-273-6222 Medical Alert Response Service (for persons with special needs: Call for information) 800-432-5378 Retired Senior Volunteer Program (RSVP) 510-452-0868 State of California Community Care Licensing (to apply to open residential care homes) 510-286-4201 U.S Dept. of Veteran's Affairs Counseling 800-827-1000



Mary Hayashi
Assemblymember, 18th District

DISTRICT OFFICE

22320 Foothill Boulevard Suite 540 Hayward, California 94541 (510) 583-8818 Fax: (510) 583-8800

E-MAIL

Assemblymember.Hayashi@assembly.ca.gov

CAPITOL OFFICE

State Capitol
P.O. Box 942849
Sacramento, California 94249-0018
(916) 319-2018
Fax: (916) 319-2118

WEBSITE

www.asm.ca.gov/hayashi

Pleasanton Senior Center

5353 Sunol Boulevard • 931-5365

Monday-Friday (Thursdays, open until 8:30pm)

Office/Information.... 8:30am to 4:30pm **931-5365**

Paratransit 9:00am to 3:00pm **931-5376**

Senior Meals 9:30am to 1:30pm **931-5385**

Senior Support......8:30am to 4:00pm **931-5379**

VIP Senior Club & Travel

Desk, M-Th 10:00am to 2:00pm 931-5370

Peddler Shoppe 10:00am to 4:00pm **931-5371**

RADD..... 8:30am to 4:00pm **931-5373**

Senior Meals • 931-5385

Lunch at the Snappy Café

Sponsored by Spectrum Community Services

- Seniors or disabled adults regardless of income
- M-F, Noon
- \$3.25 donation; guests under 60, \$5.00

Call 931-5385 by 1:00pm, one day ahead

Dinner at Ridgeview Commons

5200 Case Avenue

Sponsored by Open Heart Kitchen

For additional information, call 484-5131 by 1:00pm one day ahead

Meals on Wheels

Sponsored by Spectrum Community Services

- For any adult, 60 and older, unable to shop or cook
- Nutritious, hot meals can be delivered M-F
- Frozen meals delivered, if needed, for weekends
- Special diets available

Phone: (925) 931-5340

• \$3.25 donation

Call 931-5385 10:00am-1:00pm for more information.



Need to find meeting or event space for your next function? Page 61 of this Guide features information on Facility Rentals offered by the City of Pleasanton.

Monthly Calendar

Drop by the Senior Center to obtain your copy of the Monthly Calendar which details services, activities, special events, and classes at the Center; or simply visit our web site at www.ci.pleasantonseniorcenter.org.

Monthly Services

Refer to the Monthly Calendar for details:

- Alzheimers Support Group
- Caregivers Support Group
- Dental Consultations (off site)
- Reverse Mortgage Counseling (ECHO)
- Foot Care/Health Screening (Senior Support)
- Medicare & HMO Counseling (HICAP)
- Valley Care Mobile Health Care Unit
- Parkinson's Support Group
- Notary Public
- Legal Assistance for Seniors (LAS)
- Eye Glass Adjustments
- Consumer Affairs Representative (every other month)
- Estate Planning Counseling (with Estate Planning lawyer)

Wiesner Senior Fund

Emergency one-time grants or loans, in nominal amounts, are available for adults aged 60 or older who are in immediate need of assistance. Applications for this valley-wide, non-profit emergency fund are available at the Senior Center and Senior Support. All requests and information are confidential. Call 931-5365 or 931-5379 for information.



Support Groups Offered at the Senior Center

Caregiver's Support Groups

Open to all caregivers responsible for care of persons with Alzheimer's, dementia and other related illnesses. Meets in the Sun Room in the Senior Support office, second Monday of each month from 1:00-3:00pm. Please contact facilitator at 931-5379. Co-sponsored by the Senior Support Program of the Tri-Valley and the Alzheimer's Association.

Parkinson's Support Group

Offered on the second (2nd) Saturday of each month, 10:00am-Noon at the Pleasanton Senior Center (Senior Support Area). Call 831-9940 for more information. Those with Parkinson's disease and their families are welcome to attend. Co-sponsored by the Parkinson's Network of Mt. Diablo.



Senior Support Program of the Tri-Valley

Senior Support provides a variety of services to assist seniors in maintaining their health and independence. Services to those 60 and older, living in Pleasanton, Livermore, Dublin and Sunol, include: case management; an in-home registry; in-home counseling; health screening and friendly visiting. The staff can be reached at 931-5379.

Computer Tutors at the Senior Center

Struggling with your PC? Can't figure out the Internet, or just having trouble with your software? One-on-one tutoring is available at the Senior Center. For reservations, please call 931-5365.

One-hour session | \$1.75R/\$2.25N

Pleasanton Paratransit Transportation Service 931-5376

For persons 60+ years of age and ADA-qualified persons ages 18 and above.

- Registration is required.
- Reservations can be made weekdays 9:00am-3:00pm, from 3 to 14 days in advance.

Transportation Hours

M-F, 8:00am-5:30pm Sa, 9:00am-4:00pm

Downtown Route

The Downtown Route (DTR)*, a service of Pleasanton Paratransit Service, is a same-day fixed route transit service that operates throughout downtown Pleasanton, connecting senior housing complexes to the Main Street area, anchored by Safeway and Raley's shopping centers. In addition, the Wednesday Route provides expanded service to Valley Care Medical Center, Wal-Mart, Kaiser and Stoneridge Shopping Center. At an affordable \$1.50 for the whole day, it's a great transportation value. Tickets available at the Senior Center.

For more information, call 931-5376.

New extended hours, M-F, 7:30am-5:00pm Fare: \$1.50

*Partially funded by Measure B Funds, Alameda County Transportation Improvement Authority (ACTIA).





Need help finding your class location?
A list of Pleasanton parks and
community services facilities and
other class locations can be found on
page 4 of this Guide. In addition, a
Parks and Facilities map and
Amenities Guide are available on pages
52-53, for your convenience.

Pleasanton Senior Center Summer 2010 Weekly Schedule

Mondays	9:00am-Noon	Drop-In Bocce \$
-	10:00-11:00am	Laughter Yoga (1st & 3rd Mondays)\$
	1:00-3:00pm	Bingo (1st, 3rd & 5th Mondays)\$
	1:00pm	Movie Madness (1st and 3rd Mondays)
Tuesdays	9:00am-4:00pm	Woodcarvers\$
	9:00-9:50am	Fitness (Fast paced)®
	10:00-10:50am	Fitness (Slow paced)*
	12:45-3:45pm	Drop-In Cards, Poker\$
	1:00-4:30pm	American Style Mah Jong\$
	1:10-2:30pm	Tai Chi (Intermediate)*
	2:30-4:30pm	Yoga For Fitness**
Wednesdays	9:00am-Noon	Drop-In Bocce\$
	10:00am-Noon	Arts & Crafts®
	1:00-3:00pm	Bingo\$
	1:00-3:00pm	Book Club\$
	3:30-4:30pm	Wii Games\$
Thursdaye	Combon on an fuero	2.20 4- 0.20
Thursdays	Center open from 8	
inursaays	10:00am-Noon	Yoga for Fitness**
Inursdays	•	Yoga for Fitness** Senior Players
Inursdays	10:00am-Noon 10:00am-Noon 12:45-3:45pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$
Inursdays	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$
Inursdays	10:00am-Noon 10:00am-Noon 12:45-3:45pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$
Fridays	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-11:30am	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)*
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am 1:00-3:00pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)* Bingo\$
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)*
	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am 1:00-3:00pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)* Bingo\$
Fridays	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am 1:00-3:00pm 1:00-4:00pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)* Bingo\$ American Style Mah Jong\$
Fridays	10:00am-Noon 10:00am-Noon 12:45-3:45pm 1:00-4:30pm 6:30-8:30pm 9:00-9:50am 9:00am-Noon 9:30-11:30am 10:00-10:50am 1:00-3:00pm 1:00-4:00pm 8:00am-5:30pm	Yoga for Fitness** Senior Players Drop-In Cards, Poker\$ Contract Bridge (reservation required)\$ Bunko\$ Fitness (Fast paced)* Drop-In Bocce\$ Knitting\$ Brain Matters\$ Fitness (Slow paced)* Bingo\$ American Style Mah Jong\$ Paratransit Service



Activity Program Notes: Pleasanton VIP Senior Club

2nd & 4th Mondays 11:00am-1:00pm

Coffee & Conversation with the Experts•

2nd Tuesdays 10:00-11:30am 2nd Thursdays 7:00-8:30pm

PC Users Group •

4th Thursdays 10:00am-Noon

Newcomers Welcome •

2nd Wednesdays 10:30am-Noon

Education and Enrichment Activities Key

• Sponsored by the City of Pleasanton:

Day, evening & weekend classes of interest to mature adults are listed throughout this Guide. Registration must be completed by the second class meeting. New opportunities begin quarterly.

* Sponsored by Amador Adult Education:

Ongoing classes are offered at the Center. New classes begin fall, winter, spring and summer. Call (925) 426-4280 for more information.

** Sponsored by Las Positas Community College Quest Program:

Semester-long classes for adults over 50 begin in August, January and June.
Registration must be completed through Las Positas College by the second class meeting. Details and registration packets for Quest are available at the Senior Center. For more information, you may call the Quest contact at (925) 424-1115.

\$ Drop-In Fees Apply: \$1.75R/\$2.25N (except Woodshop)



All Day Trippers excursions meet at the Pleasanton Senior Center. Register at the Senior Center M-F, 9:00am-4:30pm or use the Mail-In Registration form at the back of this Guide. Call 931-5365 for details.

Monterey Bay Aquarium

Visit the world famous Monterey Bay Aquarium and explore the Outer Bay, Otter, Sea Horse, and Penguin exhibits. You're welcome to bring a grand-child along for this visit. After the visit, take a stroll down the street to have lunch and look around the quaint Monterey downtown area. Includes transportation and aquarium ticket. Lunch on your own. Trip | \$70.00R/\$75.00N

Pleasanton Senior Center | Facilitator: Diana Tucker

Code	Ages	Day	Date	Time
48209	62 & up	Th	6/17	8:30am-4:30pm

Alameda County Fair

Off to the fair without a care! Take Pleasanton Paratransit to the Alameda County Fair for a day of fun! No worries about parking. You can browse the fairgrounds on your own or explore as a group. Purchase lunch or bring your own.

Trip | \$8.00R/\$9.00N

Pleasanton Senior Center | Facilitator: Diana Tucker

Code	Ages	Day	Date	Time
48210	62 & up	W	6/30	10:30am-2:30pm

Lunch Bunch

Enjoy lunch at a quaint restaurant in beautiful Downtown Pleasanton. Browse the Pleasanton Museum and other boutiques and shops on Main Street. Trip includes lunch and transportation.

Trip | \$20.00R/\$23.00N

Pleasanton Senior Center | Facilitator: Diana Tucker

Code	Day	Date	Time
48211	Tu	8/03	11:00am-2:30pm

|SPECIAL INTEREST|

CAMP 55-Wine Boot Camp

Spend two days exploring the rich history of winemaking in the Tri-Valley. Lectures, tours of local wineries, food pairing with wines, and more. Further details will be available at www.pleasantonseniorcenter.org.

2 days | \$125.00R/\$135.00N Pleasanton Senior Center

Code	Day	Date	Time
49098	Tu-W	5/11-5/12	10:00am-3:00pm (approx.)

NEW! Good Food Festival

The Senior Center hosts a unique food festival this Spring, featuring workshops and lectures on healthy eating, organic and fresh foods, cooking demonstrations, container gardening, and cooking for kids. Includes keynote speaker. An event to savor! Open to the public. Pleasanton Senior Center | \$3.00 General Admission; Children under 12 free. Healthy lunch will be available at Noon for an additional fee: \$2.00-Seniors (60 and older), \$5.00 non-seniors. If interested in reserving a meal, please call 931-5365 before Wednesday, April 28. Lunch fee payable at the door.

Pleasanton Senior Center | \$3.00 Event Admission

Code	Location	Day	Date	Time
49097	Senior Center	Sa	5/1	9:00am-1:00pm

NEW! Summertime Saunters

Ages 55 and up

Come out for a walk where you set the pace and learn about the local history, wild lands and the wonderfully blooming future of Pleasanton's great parks and walking paths around us. Bring water and good walking shoes.

1 class | \$5.00R/\$8.00N

Locations Vary | Instructor: Eric Nicholas, Naturalist

Code	Location	Day	Date	Time
49035	Alviso Adobe CP	Sa	5/29	10:00-11:30am
49036	Kottinger Creek	Sa	6/26	10:00-11:30am



Need to find meeting or event space for your next function? See the Facility Rentals ad on page 57.

AARP Mature Driver Course

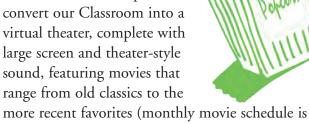
Refine your driving skills and reacquaint yourself with the rules of the road. At the conclusion of this two-session course, you'll be issued a certificate of completion, which may qualify you for an insurance discount. Registration fee payable by check to AARP the first day of class. Class limited to 24 participants.

2 classes | \$12.00 AARP member/\$14.00 Non-member Instructor: Melba Akehurst

Code	Day	Date	Time
48212	W	5/19-5/26	8:30am-12:30pm
48213	W	7/21-7/28	8:30am-12:30pm

Movie Madness Show Dates

Hey movie buffs! Have you heard about Movie Madness at the Pleasanton Senior Center? Every 1st and 3rd Monday of the month at 1:00pm, we convert our Classroom into a virtual theater, complete with large screen and theater-style sound, featuring movies that



available at the Senior Center). No pre-registration required. Free of charge.

Show dates: May 3 & 17, June 7 & 21, July 19, and August 2 & 16

DROP-IN PROGRAMSI

Brain Matters

Like our hearts, our brains are vital organs that deserve the same attention to care and maintenance. Brain experts are convinced that engaging in active learning throughout life will help maintain brain health. The Brain Matters program combines lectures and interactive workshops dedicated to improving brain health and function.

Pleasanton Senior Center | Drop-in fees: \$1.75R/\$2.25N

Day	Date	Time
F	On-going	10:00-11:30am

Laughter Yoga

Contribute to your well-being with Laughter Yoga. Laughter Yoga combines unconditional laughter with yogic breathing—the safest, fastest and easiest exercise for both body and mind. Come have a good hearty laugh and help rid yourself of stress, worry and depression.

Pleasanton Senior Center | Drop-in fees: \$1.75R/\$2.25N Instructor: Sandy Guderyon

Day	Date	Time
1st & 3rd M	On-going	10:00-11:00am

Knitting

Join the Center's knitting group and learn to knit, refresh your skills, pick up some new tips, get help with that pesky "UFO," or just sit, knit and plan to laugh a lot.

Pleasanton Senior Center | Drop-in fees: \$1.75R/\$2.25N

Instructor: Nancy McDonald

Day	Date	Time
F	On-going	9:30-11:30am

|EXERCISE W E L L N E S S |

Gentle Yoga Basics

Ages 18 and up

A suitable class for those desiring relaxation, yet still wish to be challenged. This class incorporates conscious relaxation as well as deep stretches and a basic yoga practice. Learning to deeply relax can help to alleviate stress and keeps one centered, grounded and focused. This class is a practice suitable for both beginning and continuing students. Please register early; class sizes are limited.

Cultural Arts Center | Instructor: Beth Fox 7 classes | *No class on 6/4 | \$105.00R/\$116.00N

Code	Day	Date	Time
48611	F	5/7-6/25*	9:00-10:15am
8 classes \$12	20.00R/\$132.0N	I	
Code	Day	Date	Time
48612	F	7/9-8/27	9:00-10:15am



Drop in fees apply for each lecture | \$1.75R/\$2.25N

Senior Emergency Preparedness

Seniors often have special needs when it comes to emergency preparedness and response. CARD (Collaborating Agencies Responding to Disasters) will provide you with resources, tips and necessary tools, so you will be prepared in the event of an emergency.

Pleasanton Senior Center

Guest Lecturer: CARD-Collaborating Agencies Responding to Disasters

Day	Date	Time
Tu	5/11	10:30-11:30am

Senior Volunteer Program

The California Highway Patrol's Senior Volunteer Program provides seniors an opportunity to make definitive contributions toward improving public safety and service. Come learn more about this program and get involved in the field of law enforcement.

Pleasanton Senior Center

Guest Lecturer: California Highway Patrol

Day	Date	Time
Tu	6/8	10:30-11:30am



The Pleasanton Senior Players Present . . .

The Senior Players take center stage for their annual comedy in August with another hilarious melodrama. Always great fun! No pre-registration necessary, though you may purchase discounted tickets in advance at the Senior Center.

Pleasanton Senior Center | \$9.00R/\$10.00N (Advanced Reservations), \$10.00R/\$11.00N (at the door)

Ages	Day	Date	Time
All	F	8/20	7:00-8:30pm
All	Sa	8/21	2:00-3:30pm
All	Su	8/22	2:00-3:30pm

WHEELS Transit Counselor

A representative from WHEELS will be at the Senior Center every 1st Wednesday from 10:00am-Noon to assist clients with RTC cards (Regional Transit Cards), ADA photo cards, Dial-A-Ride and fixed route information. To make an appointment, please call (925) 931-5365.

Thursday Evening **Program**

Center Open until 8:30pm

The Senior Center is open on Thursdays until 8:30pm. In addition to Bridge and special interest classes, community lectures (Coffee and Conversation PM), and drop in games (Bunko), register for Park and Recreation classes, and purchase Center Activity Cards, and Paratransit, WHEELS and BART tickets (for seniors and ADA qualified riders).

Pleasanton Senior Center

5353 Sunol Boulevard • 931-5365

Monday-Friday (Thursdays, open until 8:30pm)

Office/Information.... 8:30am to 4:30pm **931-5365 Paratransit**.......... 9:00am to 3:00pm **931-5376**

 Paratransit
 9:00am to 3:00pm
 931-5376

 Senior Meals
 9:30am to 1:30pm
 931-5385

Senior Support.....8:30am to 4:00pm **931-5379**

VIP Senior Club & Travel

Desk, M-Th 10:00am to 2:00pm 931-5370

Peddler Shoppe 10:00am to 4:00pm 931-5371

RADD..... 8:30am to 4:00pm **931-5373**

The Pleasanton Senior Center will be closed for annual maintenance and cleaning from Saturday, January 7th through Sunday, January 15th, 2012.

Senior Meals • 931-5385

Lunch at the Snappy Café

Sponsored by Spectrum Community Services

- Seniors or disabled adults regardless of income
- M-F, Noon
- \$3.25 donation; guests under 60, \$5.00

Call 931-5385 by 1:00pm, one day ahead

Dinner at Ridgeview Commons

5200 Case Avenue

Sponsored by Open Heart Kitchen

For additional information, call 484-5131 by 1:00pm one day ahead

Meals on Wheels

Sponsored by Spectrum Community Services

- For any adult, 60 and older, unable to shop or cook
- Nutritious, hot meals can be delivered M-F
- Frozen meals delivered, if needed, for weekends
- Special diets available

Phone: (925) 931-5340

• \$3.25 donation

Call 931-5385 10:00am-1:00pm for more information.

Monthly Calendar

Drop by the Senior Center to obtain your copy of the Monthly Calendar which details services, activities, special events, and classes at the Center; or simply visit our web site at www.pleasantonseniorcenter.org.

Monthly Services

Refer to the Monthly Calendar for details:

- Caregivers Support Group
- Dental Consultations (off site)
- Foot Care/Health Screening (Senior Support)
- Medicare & HMO Counseling (HICAP)
- Parkinson's Support Group
- Notary Public
- Legal Assistance for Seniors (LAS)
- Eye Glass Adjustments
- Estate Planning Counseling (with Estate Planning lawyer)

Wiesner Senior Fund

Emergency one-time grants or loans, in nominal amounts, are available for adults aged 60 or older who are in immediate need of assistance. Applications for this valley-wide, non-profit emergency fund are available at the Senior Support Program. All requests and information are confidential. Call 931-5379 for information.



Support Groups Offered at the Senior Center

Caregiver's Support Groups

Open to all caregivers responsible for care of persons with Alzheimer's, dementia and other related illnesses. Meets in the Sun Room in the Senior Support office, second Monday of each month from 1:00-3:00pm. Please contact facilitator at 931-5379. Co-sponsored by the Senior Support Program of the Tri-Valley and the Alzheimer's Association.

Parkinson's Support Group

Offered on the second Saturday of each month, 10:00am-Noon at the Pleasanton Senior Center (Senior Support Area). Call 831-9940 for more information. Those with Parkinson's disease and their families are welcome to attend. Co-sponsored by the Parkinson's Network of Mt. Diablo.



Senior Support Program of the Tri-Valley

Senior Support provides a variety of services to assist seniors in maintaining their health and independence. Services to those 60 and older, living in Pleasanton, Livermore, Dublin and Sunol, include: case management; an in-home registry; in-home counseling; health screening and friendly visiting. The staff can be reached at 931-5379.

Computer Tutors at the Senior Center

Struggling with your PC? Can't figure out the Internet, or just having challenges understanding your latest software? One-on-one volunteer tutors are available to help! For a one hour appointment, please call 931-5365. Thursday evening appointments also available, 6:30-8:00pm.

One-hour session | \$1.75R/\$2.25N

Pleasanton Paratransit Transportation **Service** 931-5376

For persons 60+ years of age and ADA-qualified persons ages 18 and above.

- Registration is required.
- Reservations can be made weekdays 9:00am-3:00pm, from 3 to 14 days in advance.

Transportation Hours

M-F, 8:00am-5:00pm Sa, 9:00am-4:00pm

Downtown Route

The Downtown Route (DTR)*, a service of Pleasanton Paratransit Service, is a same-day fixed route transit service that operates throughout Pleasanton. This service connects senior housing complexes to the downtown area and other popular senior destinations, including ValleyCare Medical Center, Safeway, Kaiser and Stoneridge Mall. At an affordable \$1.50 for the whole day, it's a great transportation value. Tickets are available at the Senior Center.

For more information, call 931-5376.

Operates M-F, 8:00am-4:00pm Fare: \$1.50

*Partially funded by Measure B Funds, Alameda County Transportation Commission.

WHEELS Transit Counselor

City of Pleasanton Travel Ambassadors are available by appointment to assist clients interested in learning about transportation options including WHEELS, BART, Pleasanton Paratransit and Downtown Route.

To make an appointment, please call 931-5365

FALL 2011/WINTER 2012 Activities Guide

Pleasanton Senior Center Fall 2011/Winter 2012 Weekly Schedule

Mondays	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	1:00-3:00pm	Bingo (1st, 3rd & 5th Mondays)\$
	1:00pm	Movie Madness (1st and 3rd Mondays)
	1:00-4:00pm	Mexican Train Dominoes\$
Tuesdays	9:00am-4:00pm	Woodcarvers\$
	9:00-10:00am	ZUMBA® Gold*
	10:15-11:15am	Slow Paced Exercise®
	11:45am-1:00pm	Tai Chi (Beginning)*
	12:45-3:45pm	Drop-In Cards, Poker\$
	1:00-4:30pm	American Style Mah Jong\$
	1:10-2:30pm	Tai Chi (Intermediate)*
Wednesdays	9:00-10:00am	Gentle Exercise® (hours may vary)
	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	10:00am-Noon	Arts & Crafts\$
	1:00-3:00pm	Bingo\$
	1:00-3:00pm	Book Club\$
Thursdays	Center open from 8:30	Dam to 8:30pm
	9:00am-Noon	Drop-In Woodshop\$
	10:00am-Noon	Senior Players (No drop-in fee)
	10:00-11:15am	Yoga (Intermediate)*
	12:45-3:45pm	Drop-In Cards, Poker\$
	1:00-4:30pm	Contract Bridge (reservation required)\$
	6:30-8:30pm	Bunco\$
Fridays	9:00-10:00am	ZUMBA® Gold*
	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	9:30-11:30am	Knitting\$
	10:00-11:30am	Brain Matters\$ (1st & 3rd Fridays)
	10:15-11:15am	Slow Paced Exercise®
	1:00-3:00pm	Bingo\$
	1:00-4:00pm	American Style Mah Jong\$
	1:30-2:45pm	Line Dance (Beginning)®
	3:00-4:15pm	Line Dance (Intermediate)*
Weekdays	8:00am-5:30pm	Paratransit Service
	10:00am-4:00pm	Peddler Shoppe Open



Phone: (925) 931-5340

Activity Program Notes: Pleasanton VIP Senior Club

2nd & 4th Mondays 11:00am-1:00pm

Coffee & Conversation with the Experts\$

2nd Tuesdays 10:00-11:30am

PC Users Group\$

4th Thursdays 10:00am-Noon

Newcomers Welcome

2nd Wednesdays 10:30am-Noon

Photo Club\$

2nd Wednesdays 1:30-3:30pm

Education and Enrichment Activities Key

• Sponsored by the City of Pleasanton:

Day, evening & weekend classes of interest to mature adults are listed throughout this Guide. Registration must be completed by the second class meeting. New opportunities begin quarterly.

* Sponsored by Amador Adult Education:

Ongoing, classes are offered at the Center. New classes begin fall, winter, spring and summer. Join anytime for most classes. Call (925) 426-4280 for more information.

\$ Drop-In Fees Apply: \$1.75R/\$2.25N (except Woodshop)



|THE ARTS|

Art Made Easy II/III

Ages 13 & up

Capture the magic on location (plein air) and in the studio using new approaches in watercolor. Some experience with watercolors necessary. Please feel free to check out *Art Made Easy* videos at the Pleasanton Library. A different lesson is taught each week. *Supply list available upon registration*.

6 classes | \$86.00R/\$95.00N

Firehouse Arts Center Classroom A | Instructor: Charlotte Severin

Code	Day	Date	Time
52066	Th	9/1-10/6	1:00-4:00pm
52070	Th	1/5-2/9	1:00-4:00pm

|EXERCISE & WELLNESS|

Zumba Gold®

Zumba Gold®, designed for adults 50 years of age and older, is an exciting and high energy aerobic exercise, using Latin rhythms and easy-to-follow moves to create a dynamic fitness program. Routines feature fast and slow rhythms and music that are combined for aerobic endurance, muscle tone and flexibility.

Pleasanton Senior Center | Instructor: Nancy Wigley 20 classes | *No class 11/11, 11/25 | \$80.00R/\$88.00N

Code	Day	Date	Time
51378	Tu, F	10/4-12/16	9:00-10:00am

22 classes | \$88.00R/\$96.00N

Code	Day	Date	Time
51379	Tu, F	1/17-3/30	9:00-10:00am

Fit for Fifty Plus

A slower-paced exercise program geared for the mature adult/senior without the movement and mobility required in a more typical aerobic class. Designed to help those who want to be physically fit through easy movement, stretching and relaxation.

Pleasanton Senior Center | Instructor: Nancy Wigley 20 classes | *No class 11/11, 11/25 | \$80.00R/\$88.00N

Code	Day	Date	Time
51380	Tu, F	10/4-12/16	10:15-11:15am

22 classes | \$88.00R/\$96.00N

Code	Day	Date	Time
51381	Tu, F	1/17-3/30	10:15-11:15am

Line Dancing-Beginning

Come join this fun, beginner line dance class, where you can unwind, meet new friends, and exercise! You will learn all the basic steps for each line dance. Steps are taught slowly and easily, and dances will be repeated until you feel comfortable. No partner necessary.

Pleasanton Senior Center | Instructor: Sue Kraft 9 Classes | \$36.00R/\$39.00N

Code	Day	Date	Time	
51385	F	9/2-10/28	1:30-2:45pm	

5 Classes | *No class 11/11, 11/25 | \$20.00R/\$22.00N

Code	Day	Date	Time
51387	F	11/4-12/16	1:30-2:45pm

10 Classes | \$40.00R/\$44.00N

Code	Day	Date	Time	
51388	F	1/20-3/23	1:30-2:45pm	

Line Dancing-Intermediate

Learn classic Country Line Dancing as well as all the new line dances while having a great time. Each dance is repeated until everyone is comfortable and ready to move on to a new dance. Previously learned dances will also be reviewed and practiced at each class.

Pleasanton Senior Center | Instructor: Sue Kraft 9 Classes | \$36.00R/\$39.00N

Code	Day	Date	Time
51384	F	9/2-10/28	3:00-4:15pm

5 Classes | *No class 11/11 and11/25 | \$20.00R/\$22.00N

Code	Day	Date	Time	
51386	F	11/4-12/16	3:00-4:15pm	

10 Classes | \$40.00R/\$44.00N

Code	Day	Date	Time
51389	F	1/20-3/23	3:00-4:15pm

FALL 2011/WINTER 2012 Activities Guide

Gentle Exercise

A chair based fitness class designed for mature adults and participants with limited mobility. The format includes light stretching and aerobic work, and routines designed for muscle tone, balance and flexibility.

11 classes | \$44.00R/\$48.00N

Pleasanton Senior Center | Instructor: Nancy Wigley

Code	Day	Date	Time
51382	W	10/5-12/14	9:00-10:00am
51383	W	1/17-3/28	9:00-10:00am

Yoga-Intermediate

Course designed to further the student's knowledge of the practice of Yoga. Included in this course is a continued discussion of the philosophy of Yoga, increased practice of Pranayama (breathing techniques), meditation, and a wider variety of appropriate Asana (Yoga poses). Through continued practice of these techniques, the student will continue to increase strength, flexibility, balance and introspection, as well as gain insight into personal strengths and challenges.

Pleasanton Senior Center | Instructor: Roberta Wilson 8 classes | \$48.00R/\$52.00N

Code	Day	Date	Time
51394	Th	9/8-10/27	10:00-11:15am

6 classes | *No class 11/24 | \$36.00R/\$39.00N

Code	Day	Date	Time
51393	Th	11/3-12/15	10:00-11:15am

10 classes | \$60.00R/\$66.00N

Code	Day	Date	Time	
51395	Th	1/19-3/22	10:00-11:15am	

|SPECIAL INTEREST|

AARP Mature Driver Course

Refine your driving skills and reacquaint yourself with the rules of the road. At the conclusion of this two-session course, you'll be issued a certificate of completion, which may qualify you for an insurance discount. Registration fee payable by check to AARP the first day of class. Class limited to 24 partici-

pants. Please pre-register with Front Desk Receptionist. Call 931-5365.

2 classes | \$12.00 AARP member/\$14.00 Non-member Pleasanton Senior Center | Instructor: Melba Akehurst

Day	Date	Time
W	9/21 & 9/28	8:30am-12:30pm

AARP Mature Driver Renewal Certificate Course

This abbreviated class is designed for seniors who have already completed the Mature Driver program, and just need to renew their certificate. Rules of the road are reviewed in a 4¹/₂ hour format. Class limited to 24 participants. Must have completed traditional class within the last 4 years. **Please pre-register with Front Desk Receptionist.** Call 931-5365.

1 class | \$12.00, AARP member/\$14.00 Non-member Pleasanton Senior Center | Instructor: Melba Akehurst

Day	Date	Time
W	11/16	5:00-9:30pm

Beginning Bridge 1

Ages 18 and up

This is a beginner's class, designed for new players. Learn the wonderful mind stimulating game of bridge with Life-Master teacher, Audrey Rennels. Bridge has been proven to help keep your brain cells young and exciting . . .

8 classes | \$50.00R/\$55.00N

Pleasanton Senior Center | Instructor: Audrey Rennels

Code	Day	Date	Time	
52071	Th	9/1-10/20	6:30-8:30pm	

Bridge Supervised Play

Continuation of Bridge I. Supervised play (pre-dealt hands and analysis) will be introduced to reinforce bridge concepts. Also suitable for bridge players that need a refresher course on bridge basics.

6 classes | \$40.00R/\$44.00N

Pleasanton Senior Center | Instructor: Audrey Rennels

Code	Day	Date	Time
52072	Th	10/27-11/17	6:30-8:30pm



Drop in fees apply for each lecture | \$1.75R/\$2.25N
Pleasanton Senior Center

Steps to Being Personally Prepared

Learn steps that will equip you to be organized and empower you to cope with emergency situations. Attendees will receive a list of potential items for a personal "Go Kit", instructions for developing communication plans and information on issues that may arise concerning pets.

Guest Lecturer: Colleen Campbell, Adult & Aging Services

Day	Date	Time
Tu	9/13	10:30-11:30am

CHP Senior Volunteer Program

The California Highway Patrol's Senior Volunteer Program provides seniors an opportunity to make definitive contributions toward improving public safety and service. Come learn more about this program and get involved in the field of law enforcement.

Guest Lecturer: Officer Smith, CHP

Day	Date	Time
Tu	10/11	10:30-11:30am

Downsizing Made Easy

Please join us for an informative and fun presentation ideal for seniors considering their housing options. Annette will discuss downsizing and how to make the transition as stress free as possible by exploring housing alternatives, using professionals to help you with your move and adjusting to your new lifestyle.

Guest Lecturer: Annette Junell, Senior Real Estate Specialist

Day	Date	Time
Tu	11/8	10:30-11:30am
Th	11/10	6:30-7:30pm

Phone: (925) 931-5340

The Senior Players at the Firehouse

The Senior Players are delighted to make their debut at the Firehouse Arts Center with the uproarious comedy *The Hallelujah Girls*. What trouble can five women of a certain age get into? When they want to convert an old church into a day spa, there is plenty, especially when two men and a nasty villainess are involved! Advance tickets sold at the Senior Center until Thur., 9/29. Thereafter, tickets will be sold ¹/₂ hour before the performance at the Firehouse Arts Center. Tickest also available online at www.firehousearts.org.

3 Shows | \$9.00R/\$10.00N in advance; \$10.00R/\$11.00N at the door-General Seating Only | Firehouse Arts Center

Day	Date	Time
F	9/30	7:00-9:00pm
Sa	10/1	2:00-4:00pm
Sa	10/1	7:00-9:00pm

Doors open 1/2 hour before performance.

|DROP IN PROGRAMS|

Brain Matters

Learn how to keep your brain active and your memory sharp. Bi-monthly meetings consist of word games, puzzles, challenging activities, reminiscing, socials and more. All geared to age proof your mind.

Pleasanton Senior Center | \$1.75R/\$2.25N

Day	Date	Time
F	1st & 3rd Fridays	10:00-11:30am

Knitting

Join the Center's knitting group and learn to knit, refresh your skills, pick up some new tips, get help with that pesky "UFO", or just sit, knit and plan to laugh a lot.

Pleasanton Senior Center | \$1.75R/\$2.25N Instructor: Nancy McDaniel

Day	Date	Time
F	On-going	9:30-11:30am

Movie Madness Show Dates:

Offered every 1st, 3rd and 5th Monday of the month at 1:00pm. Features large screen and theater-style sound, with movies that range from old classics to the more recent favorites (monthly movie schedule available at the Senior Center). Free of charge.

Show dates: 9/19; 10/3, 10/17 and 10/31; 11/7 and 11/21; 12/5 and 12/19; 1/30; 2/6

FALL 2011/WINTER 2012 Activities Guide

|DAY TRIPPERS|

Alviso Adobe Tour & Lunch

Learn about the history of the Amador Valley and get a rare glimpse of times past with City Naturalist, Eric Nicholas. View a Native American grinding rock feature, tour the restored Adobe, and wander the native landscaping. Enjoy a delicious lunch in a beautiful setting overlooking the valley. Transportation and lunch included.

1 class | \$18.00R/\$20.00N

Pleasanton Senior Center | Facilitator: Diana Tucker

Code	Day	Date	Time (approx.)
51502	Sa	9/10	9:30am-1:00pm

Holiday Lights Tour

Looking to view the festive lights of the season without the worry of parking and traffic? Join your friends (or make new friends) at the Pleasanton Senior Center for our traditional Holiday Lights Tour. The evening begins with delicious cookies and hot apple cider. Then, we'll board the Paratransit bus and flit around the greater Pleasanton area to view the colorfully decorated homes and businesses. A great way to get in the holiday spirit!

1 evening | \$8.00R/\$9.00N

Pleasanton Senior Center | Facilitator: Diana Tucker

Code	Day	Date	Time (approx.)	
51503	Th	12/15	6:00-8:30pm	

CITY OF PLEASANTON









Facility Rentals

The City rents several types of facilities and spaces to meet the community's needs. Rental rates and related costs for all facilities vary, depending upon type of space and renter category (Co-sponsored Group, Resident, Non-resident, Commercial).

Large Event Sites

The Senior Center Main Hall seats up to 300 people and the Veterans Memorial Building holds up to 220. Both have kitchens. The Senior Center offers plenty of parking, and is adjacent to Centennial Community Park, which has been the site for numerous outdoor wedding ceremonies.

Small Event Sites

Amador Recreation Center (capacity 100) and Century House (capacity 100) offer space for small events. The Recreation Center is ideally located within Amador Valley Community Park, next to the Aquatic Center and children's playground. Century House offers the ambience of an 1870's Victorian farmhouse.

Picnic Areas

Group picnic areas at Amador Valley Community Park (capacity 200), Sports and Recreation Community Park (capacity 200), and Val Vista Community Park (capacity 250) can also be reserved.

Gymnasiums

Gyms at Harvest Park, Pleasanton and Hart middle schools could be rented for indoor sports games and tournaments after school hours, depending upon availability. Please contact Dan Villasenor at (925) 931-3437 for additional information.

Softball Fields

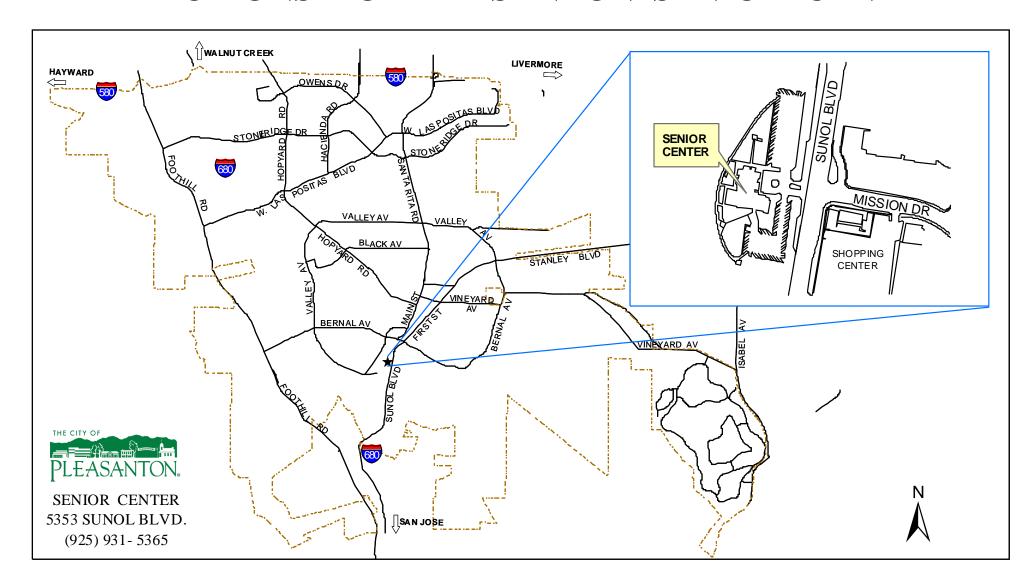
For softball tournaments, many groups rent our Softball Complex located within the Sports and Recreation Community Park, 5800 Parkside Drive (corner of Hopyard Road and Parkside Drive). For more information and availability, please contact Dan Villasenor at (925) 931-3437.

Meeting Rooms

We also offer meeting rooms with maximum capacities of 25 to 50, depending upon the facility.

For descriptions, reservation procedures and rental fees, go to http://www.pleasanton.ca.us/services/recreation/facilityrentals or contact the Community Services Department at (925) 931-5340.

DIRECTIONS TO PLEASANTON SENIOR CENTER

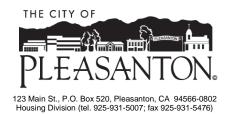


FROM HAYWARD, WALNUT CREEK AND LIVERMORE:

- -Take 680 south to Bernal Ave. Exit right.
- -Proceed under overpass to the sixth stoplight.
- -Turn right at Sunol Blvd.
- -The Senior Center is 1/4 mile on the right.

FROM SAN JOSE:

- -Take 680 north to Sunol Blvd.
- -Turn right at the end of the exit.
- -The Senior Center is 3/4 mile on the left.



Senior Housing Resources in Other Tri-Valley Cities



Contact Numbers:

City of Livermore 1052 So. Livermore Ave. Livermore, CA 94550 tel. 925-960-4580 www.ci.livermore.ca.us City of Dublin 100 Civic Plaza Dublin, CA 94568 tel. 925-833-6610 www.ci.dublin.ca.us City of San Ramon P.O. Box 5148 San Ramon, CA 94583 tel. 925-973-2573 www.ci.san-ramon.ca.us Town of Danville 510 LaGonda Way Danville, CA 94526 tel. 925-314-3300 www.ci.danville.ca.us

Complexes with Below-Market Rent (BMR) Housing for Seniors:

Complex	Address	Telephone	<u>Units</u>	
Complex			Total	BMR
Danville:				
Sycamore Place	35 Laurel Drive	925-820-7160	74	74
Willow Commons	1011 Hartz Way	510-614-6200	22	9
<u>Dublin:</u>				
Cedar Grove / Pine Grove	3115 Finnian Way	925-560-0965	322	292
Wicklow Square	7606 Amador Valley Bl.	925-556-9424	53	53
<u>Livermore:</u>				
Arbor Vista	1300 S. Livermore Ave.	925-454-9605	80	80
Heritage Estates (indep. living)	800 E. Stanley Blvd.	925-373-2300	130	55
Heritage Estates (assisted living)	900 E. Stanley Blvd.	925-373-3636	250	102
Heritage Park	1089 Bluebell Dr.	925-449-4344	167	33
Hillcrest Gardens	550 Hillcrest Ave.	925-449-1111	54	54
Vandenburgh Villa	Gardella Plaza	510-247-8141	40	40
Vineyard Village	3700 Pacific Ave.	925-443-9270	73	73
San Ramon:				
Villa San Ramon (incl. asst. living)	9199 Fircrest Ln.	925-803-9100	120	24

(Call each complex directly for information regarding the senior housing units listed above.)